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I Love Rock & Roll

112 Count, 0 Wall, Beginner (Phrased)

Choreographer: JMP, Un Sug-Chong & Kyoung Ja-Hong (KR)
Apr 2017

Choreographed to: I Love Rock & Roll by Koyote

Sequence: CA BB AA CC DA BB BA AC CA CD D (Ending)

Intro Dance: (To The Right Step, Together, Step, Touch, Behind To The Left) X 4

Main Dance

Part A – 32 counts

Section 1: Walk Fwd R, L, R, Touch, Point, Point, Point, Touch

1-4 Step fwd RF-LF-RF, Touch LF Beside R

5-8 LF Side Point, LF fwd Point, LF Side Point, LF Touch beside L

Section 2: Walk Back L, R, L, Touch, Point, Point, Point, Touch

1-4 Step fwd LF-RF-LF, Touch RF Beside left

5-8 RF Side Point, RF fwd Point, RF Side Point, RF Touch beside R

Section 3: Sugar Foot, Hold – R, L

1-4 Touch RF toe to L beside, Touch RF heel to out, Step RF cross over L, Hold

5-8 Touch LF toe to R beside, Touch LF Heel to out, Step LF cross over R, Hold

Section 4: Rocking Chair RF x 2

1-4 Rock Step fwd on RF, Recover to LF, Rock Step Back RF, Recover to LF

5-8 Rock Step fwd on RF, Recover to LF, Rock Step Back RF, Recover to LF

Part B – 32 counts

Section 1: Vine Right Touch, Vine Left, Step Turn 1/4 Scuff

1-4 Step RF to right side, Cross LF behind R, Step RF to the right side, Touch LF next to R

5-8 Step LF to left side, Cross RF behind L, Turn 1/4 left stepping fwd on LF, Scuff RF fwd

Section 2: Diag Step Fwd, Touch, Step Back, Touch, Flick, Tap, Flick, Together

1-4 Diag Step RF fwd, LF beside R, Diag Step LF Back, RF beside L

5-8 RF Flick Back, Tap RF next to L, RF Flick Back, Together RF beside L

Section 3: Diag Step Fwd, Touch, Step Back, Touch, Flick, Tap, Flick, Together

1-4 Diag Step LF fwd, RF beside L, Diag Step RF Back, LF beside R

5-8 LF Flick Back, Tap LF next to R, LF Flick Back, Together LF beside R

Section 4: (Step, Kick, Back, Touch) x 2

1-4 Step fwd RF, Kick LF fwd, Step down on LF, Touch RF Back

5-8 Step fwd RF, Kick LF fwd, Step down on LF, Touch RF Back

Part C – 32 counts

Section 1: Vine Right, Heels, Toes

1-4 Step RF side, Cross LF behind R, Step RF side Touch LF beside R

5-8 Touch LF heel fwd Twice, Touch LF toe back Twice

Section 2: Vine Left, Heels, Toes

1-4 Step LF side, Cross RF behind L, Step LF side Touch RF beside L

5-8 Touch RF heel fwd Twice, Touch RF toe back Twice

Section 3: Swivel Right (Heel, Toe, Heel), Flick, Swivel Left (Heel, Toe, Heel), Flick

1-2 With weight on balls swivel heels right, with weight on heels swivel toes right

3-4 With weight on balls swivel heels right, LF Flick back

5-6 With weight on balls swivel heels left, with weight on heels swivel toes left

7-8 With weight on balls swivel heels left, RF Flick back

Section 4: Toe Strut Jazz Box, Forward

1-4 RF Touch over LF, RF Drop Heel, LF Step Back on toe, LF Drop Heel

5-8 RF Side Step on toe, RF Drop Heel, LF forward Step on toe, LF Drop Heel

Part D – 16 counts

Section 1: K-Step

1-4 Step fwd on RF diag, Touch LF beside R, Step fwd on LF diag, Touch RF beside L

5-8 Step back on RF diag, Touch LF beside R, Step back on LF diag, Touch RF beside L

Section 2: 3/4 Turn Paddle

1-4 Make 1/4 turn left Point RF to RF Flick, Make 1/4 turn left, Point RF to RF Flick

5-8 Make 1/4 turn left Point RF to RF Flick, RF side touch, Touch RF beside L

HAVE FUN
