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Friends For A Lifetime

48 Count, 4 Wall, Improver

Choreographer: Kathleen McManamon (AU) Apr 2017
Choreographed to: Friends For A Lifetime by Beccy Cole

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- Section 1** **Cross Waltz x 2**
1-6 Cross L over R, rock to right on R, step left on to L. Cross R over L, rock to left on L,
step right on to R.
- Section 2 Fwd Point Hold, Back Point Hold, 1/2 Turn, Waltz Back
7-18 Step fwd on L, point R to side, Hold, Step back on R, point L to side,
Hold Waltz forward LRL turning 1/2 turn left, waltz back RL R.

- Section 3** **Fwd Tap Kick, Back Drag**
19-24 Step fwd on L, tap R next to L, kick R fwd. Step back on R, drag L to R (2 counts)
- Section 4** **Fwd 1/4 Turn, Waltz Back**
25-30 Waltz fwd LRL turning 1/4 left, waltz back RLR
- Section 5** **Step Slide, Step Slide**
31-36 Step L to left, Slide R to L (2 counts). Step R to right, Slide L to R (2 counts)
- Section 6 Diamond
37-48 Step fwd on L to 45deg turn 90deg left step RL. Step back on R turn 90deg left step LR
Step fwd on L turn 90deg left step RL, Step back on R turn 45deg left step LR (3 o'clock)
- *** Restart on wall 4 after count 18**
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