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Just Hold On

32 Count, 4 Wall, Improver Choreographer: Katie Terrett (Wales, UK) March 2017 Choreographed to: 'Just Hold On' by Louis Tomlinson & Steve Aoki

Quick Intro - Start on vocals 'You' ("Wish that you"....)

S 1:	Forward Shuffles x2. Cross, Turn 1/4. Back Rock.
1&2	R shuffle forward
3&4	L shuffle forward
5-6	Cross R over L, Turn 1/4 R stepping back on L
7-8	Back rock R, recover L
S 2:	Triple 1/2 Turn x2. Cross Rock. Chasse Turn 1/4 R.
1&2	Turn 1/2 L shuffling back R,L,R
3&4	Turn 1/2 L shuffling forward L,R,L
5-6	Cross Rock R, recover L
7&8	Chasse R (side R, close L, Turn 1/4 R stepping forward R)
S 3:	Syncopated Rocks Forward. Sailor 1/4 Turn Cross. Side Rock.
S 3 : 1-2&	Syncopated Rocks Forward. Sailor 1/4 Turn Cross. Side Rock. Rock L forward, recover R, step L next to R
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1-2&	Rock L forward, recover R, step L next to R
1-2& 3-4	Rock L forward, recover R, step L next to R Rock R forward, recover L
1-2& 3-4 5&6	Rock L forward, recover R, step L next to R Rock R forward, recover L Cross R behind L, make ¼ turn R stepping L to side. Cross R over L
1-2& 3-4 5&6 7-8	Rock L forward, recover R, step L next to R Rock R forward, recover L Cross R behind L, make ¼ turn R stepping L to side. Cross R over L Side Rock L, recover on R
1-2& 3-4 5&6 7-8	Rock L forward, recover R, step L next to R Rock R forward, recover L Cross R behind L, make ¼ turn R stepping L to side. Cross R over L Side Rock L, recover on R Behind, Side, Cross. Hinge ½ Turn. Kick Ball Change. Step ½ Turn.
1-2& 3-4 5&6 7-8 S 4 : 1&2	Rock L forward, recover R, step L next to R Rock R forward, recover L Cross R behind L, make ¼ turn R stepping L to side. Cross R over L Side Rock L, recover on R Behind, Side, Cross. Hinge ½ Turn. Kick Ball Change. Step ½ Turn. Cross L behind, side R, cross L
1-2& 3-4 5&6 7-8 S 4: 1&2 3-4	Rock L forward, recover R, step L next to R Rock R forward, recover L Cross R behind L, make ¼ turn R stepping L to side. Cross R over L Side Rock L, recover on R Behind, Side, Cross. Hinge ½ Turn. Kick Ball Change. Step ½ Turn. Cross L behind, side R, cross L Turn ¼ L stepping back on R. Turn ¼ L stepping L to side.

Start Again!

'Just Hold On' is a tribute song to the artist Louis Tomlinson's Mother who passed away in 2016. Age 43.