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The Silton Shuffle

32 Count, 4 Wall, Intermediate
Choreographer: Doug Silton (USA) Jan 2017
Choreographed to: In My Mind by Maty Noyes

BPM: 70 – 150 bpm to any style 4/4 time music

WCS/Shag Line Dance (rotates clockwise)

[1-8] TOUCH & TUCK, BEHIND, SIDE, CROSS, BALL, CROSS, BALL, CROSS, BALL, CROSS

- 1&2 Touch L across front of R (1); Lift L foot up toward R knee (&); Step L tucked tightly behind R (2)
&3-4 Sweep R out to right (&); Lock/hook step R tightly behind L allowing body to face slightly left (3); Step L to left (4)
5&6& Step R across L (5); Step ball of L to left (&); Step R across L (6); Step ball of L to left (&)
7&8 Step R across L (7); Step ball of L to left (&); Step R across L (8)

[9-16] SIDE ROCK, RECOVER, KICK, CROSS, SIDE ROCK, RECOVER, KICK, CROSS, SIDE ROCK, RECOVER, KICK, CROSS, JAMES BROWN SLIDE TO THE RIGHT

- 1& Rock L to left (slightly back) (1); Recover on R (&)
2& Kick L forward (2); Step L across R (&)
3& Rock R to right (slightly back) (3); Recover on L (&)
4& Kick R forward (4); Step R across L (&)
5&6& Rock L to left (5); Recover on R (&); Kick L forward (6); Step L across R (&)
7&8& Large step R to right allowing L toe to drag as R foot travels to the right moving in a heel, toe, heel, toe action (7&8&)

[17-24] L SAILOR, R SAILOR, L SAILOR 1/4 TURN L, & LOCK, UNWIND FULL TURN L

- 1&2 Step L behind R (1); Step R to right (&); Step L to left (2)
3&4 Step R behind L (3); Step L to left (&); Step R to right (4)
5&6 Step L behind R (5); Step R to right (&); Turn 1/4 left stepping L forward (6)
&7 Step R forward (&); Lock step L behind R (7)
8 Unwind full turn left ending with weight on R (8)

Option: Omit full turn on count 8 by just stepping R forward.

[25-32] WALK, WALK, FORWARD COASTER STEP, 1/4 TURN L, 1/4 TURN L, FORWARD TRIPLE

- 1-2 Step L forward (1); Step R forward (2)
3&4 Step L forward (3); Step R beside L (&); Step L back (4)
5-6 Turn 1/4 left locking R tightly behind left (5); Turn 1/4 left stepping L forward (6)
7&8 Step R forward (7); Step ball of L behind R heel (&); Step R forward (8)

BEGIN AGAIN! ENJOY!

Note: Doug's instructional video of The Silton Shuffle (including styling and variations) is available for free/purchase through The Siltons Dance App (Apple App Store & Google Play) and online at www.SwingDanceStuff.com