

Notes: 16 Count Intro, No Tags Or Restarts**Section 1 Walk, Walk, Shuffle-Step, Rock-Step, Mash Potatoes Steps Back**

- 1 – 2 Walk left forward, walk right forward.
3 & 4 Step left forward, step right next to left, step left forward.
5 – 6 Rock right forward, recover onto left.
7 & 8 Step back on right and turn both heels inwards, turn both heels outwards, step back on left and turn both heels inwards.

Section 2 Back, Hook, Forward, Hook, Side, Touch, Side, Touch, Side, Touch, Touch

- 1 – 2 Step back on right, hook left over right slapping left foot with right hand.
3 – 4 Step left forward, hook right behind left slapping right foot with left hand.
5&6& Step right to right side, touch left next to right, step left to left side, touch right next to left.
7 & 8 Step right to right side, touch left next to right twice.

Section 3 Shuffle-Step Forward X2, Rock-Step, ½ Turn Left Shuffle-Step

- 1 & 2 Step left forward, step right next to left, step left forward.
3 & 4 Step right forward, step left next to right, step right forward.
5 – 6 Rock left forward, recover onto right.
7 & 8 Make ¼ turn left stepping left to left side, step right next to left, make ¼ turn left stepping right forward. [6:00]

Section 4 Cross, Point, Cross, Point, Sailor-Step, Back, ¾ Left Turn Unwind

- 1 – 2 Cross right over left, point left to left side.
3 – 4 Cross left over right, point right to right side.
5 & 6 Step right behind left, step left to left side, step right to right side.
7 – 8 Step left behind right, unwind ¾ turn left keeping weight on left. [9:00]

Section 5 Side Shuffle-Step, Full Turn Unwind Right, Side Shuffle-Step, Rock-Step

- 1 & 2 Step right to right side, step left next to right, step right to right side.
3 – 4 Cross left over right, unwind full turn right (weight on right). [9:00]
Easier alternative: Rock left behind right, recover on to right.
5 & 6 Step left to left side, step right next to left, step left to left side.
7 – 8 Rock right behind left, recover onto left.

Section 6 ¼ Turn Left Pivot-Step X2, Rock-Step, Coaster-Step

- 1 – 2 Step right forward, pivot ¼ turn left changing weight to left. [12:00]
3 – 4 Step right forward, pivot ¼ turn left changing weight to left. [3:00]
5 – 6 Rock right forward, recover onto left.
7 & 8 Step back on right, step left next to right, step right forward.

Section 7 Rock-Step, Coaster-Step, Heel-Toe Strut X2

- 1 – 2 Rock left forward, recover onto right.
3 & 4 Step back on left, step right next to left, step left forward.
5 – 6 Step right heel forward, drop right toe taking weight.
7 – 8 Step left heel forward, drop left toe taking weight.

Section 8 Heel Twist, Coaster-Step, Shuffle-Step, ½ Turn Right Pivot-Step

- 1 – 2 Twist both heels to the left, twist both heels back to centre.
3 & 4 Step back on left, step right next to left, step left forward.
5 & 6 Step right forward, step left next to right, step right forward.
7 – 8 Step left forward, pivot ½ turn right stepping right forward. [9:00]

Start Again!