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## Frienzie's Okie!

176 Count, 0 Wall, Phrased Intermediate  
Choreographer: Lye Soo Lean & Anlas Cheong (Singapore)

Oct 2016

Choreographed to: Ok Na Ka by Katreeya

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**Intro : 16 counts after 1st strong beat**

**Sequence : A, BBB Tag1 C, BBB Tag 1 C, AD Tag2, Modified C Modified C**

### PART A (48 counts)

**A1. Cross Rock Recover Side Shuffle X 2 (R,L).**

123&4 Rock R over L, Recover on L, Step R to R side, Step L besides R, Step R to R side.  
567&8 Rock L over R, Recover on R, Step L to L side, Step R besides L, Step L to L side.

**A2. Rock Fwd Recover Coaster Step X 2 (R,L).**

123&4 Rock R fwd, Recover on L, Step R back, Step L besides R, Step R fwd.  
567&8 Rock L fwd, Recover on R, Step L back, Step R besides L, Step L fwd.

**A3. Cross Side Sailor Step X 2 (R,L).**

123&4 Cross R over L, Step L to L side, Step R behind L, Step L to L side, Step R to R side.  
567&8 Cross L over R, Step R to R side, Step L behind R, Step R to R side, Step R to L side.

**A4. Fwd Cross Point, Back Cross Point; Back Cross Point, Fwd Cross Point.**

1234 Fwd cross R over L, Point L to L side, Back cross L behind R, Point R to R side.  
5678 Back cross R behind L, Point L to L side, Fwd cross L over R, Point R to R side.

**A5. 1/8R Diag. Walk Fwd Kick; Walk Back Square Off Jump.**

1234 1/8R diagonal walk fwd R L R, Kick L fwd with R hand raise up.  
5678 Walk backward L R, 1/8L square off with both legs together, jump with R hand pump up.

**A6. 1/8L Diagonal Walk Fwd Kick; Walk Back Square Off Jump.**

1234 1/8L diagonal walk fwd L R L, Kick R fwd with L hand raise up.  
5678 Walk backward R L, 1/8R square off with both legs together, jump with L hand pump up.

### PART B (32 counts)

**B1. 1/8R Diagonal Fwd, Pivot ½ Turn, Fwd Shuffle; Fwd 1/8r Square Off Cross Shuffle.**

123&4 1/8R diagonal R step fwd, Pivot ½ L turn, Step R fwd, Lock L behind R, Step R fwd.  
567&8 Step L step, 1/8 R square off R recover, Cross L over R, Step R to R side, Cross L over R.

**B2. Side Rock Behind Side Cross X 2 (R,L).**

123&4 Rock R to R side, Recover on L, Step R behind L, Step L to L side, Cross R over L.  
567&8 Rock L to L side, Recover on R, Step L behind R, Step R to R side, Cross L over R.

**B3. Side Shuffle Back Recover X 2 (R,L).**

1&234 Step R to R side, Step L besides R, Step R to R side, Step L behind R, Recover on R.  
5&678 Step L to L side, Step R besides L, Step L to L side, Step R behind L, Recover on L.

**B4. Toe Strut, ¼ L Toe Strut; ¼ R Jazz Box.**

1234 Touch R toe fwd, Step down on R heel, ¼ L turn Touch L toe fwd, Step down on L heel.  
5678 Cross R over L, Step back on L, ¼ R turn Step R to R side, Step L besides R.

### PART C (32 counts)

**C1. 1/8L Bounce, Straighten; Out, Out, In, In.**

1234 1/8 L diagonal both knee bend with R palm facing inwards, raise to ear level and bend elbow towards you, both heels up (bounce) and straighten R elbow upright with fingers closed, both knee bend with R palm facing inwards, raise to ear level and elbow bend towards you, both heels up (bounce) and straighten R elbow upright with fingers closed.

5678 1/8 R Step R diagonal fwd to R, Step L diagonal fwd to L, Step R diagonal back, Step L diagonal back besides R.

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**C2.** ¼ R **Out, Out, In, In; Fwd, \*\*PIVOT ¼ L Turn, Cross, Close.**  
1234 ¼ R turn Step R diagonal fwd to R, Step L diagonal fwd to L, Step R diagonal back, Step L diagonal back besides R.  
5678\*\* Step R fwd, Pivot ¼ L turn, Cross R over L, Step L besides R.

**C3 & C4. Repeat C1 & C2.**  
**\*\* NOTE : CHANGE TO ROCK FWD RECOVER BACK CLOSE FOR MODIFIED C.**  
**Modified C - \*\* 5678 Rock R fwd, Recover on L, Step R back, Step L besides R.**

**PART D (32 counts)**

**D1. Diagonal Fwd Drag; L Diagonal Fwd Drag.**  
1234 R diagonal R step fwd with R palm back place besides L cheek, L drag in and point close to R in 3 counts with R palm sweeps along face line end at R side.  
5678 L diagonal L step fwd with L palm back place besides R cheek, R drag in and point close to L in 3 counts with L palm sweeps along face line end at L side.

**D2. Rolling Vine; Sway.**  
1234 ¼ R turn Step R fwd, ½ R turn Step L back, ¼ R turn Step R to side, Point L besides R.  
5678 L Step L side sway, hold, Step R to R side sway, hold.

**D3. R Diagonal Back Drag; Diagonal Back Drag.**  
1234 R diagonal L step back with L palm back place besides R cheek, R drag in and point close to L in 3 counts with L palm sweeps along face line end at L side.  
5678 L diagonal R step back with R palm back place besides L cheek, L drag in and point close to R in 3 counts with R palm sweeps along face line end at R side.

**D4. Rolling Vine; Sway.**  
1234 ¼ L turn Step L fwd, ½ L turn Step R back, ¼ L turn Step L to side, Point R besides L.  
5678 R Step R side sway, hold, Step L to L side sway, hold.

**TAG 1 (8 counts) – ¾ R Small Steps Run**  
1234 S Start to make a ¾ turn L, Run round taking small steps – Stepping R L R L.  
5678 Finish the ¾ turn L, Run round taking small steps – Stepping R L R, Step L besides R.

**TAG 2 (24 counts)**

**S1 (POINT Diagonal R Up, Diagonal L Up, Diagonal R Down, Diagonal L Down) X 4**  
1234 R finger point diagonal R up, L finger point diagonal L up, R finger point diagonal R down, L finger point diagonal down.  
5-16 Repeat the above 4 counts x 3

**S2 ¼ L Bend Both Knee, Hold; Straighten Knee.**  
1234 ¼ L turn with both knees bend and drop / pump R hand down, hold for 3 counts.  
5678 Slowly straighten both knee and R hand draw an anti-clockwise "O" as you straighten up.  
**As you will go straight into modified C, the 1st count of 1/8L turn will change to 1/8 R turn.**

**Happy dancing and keep smiling.**

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