

Love Your Body 64 Count, 4 Wall, Intermediate

64 Count, 4 Wall, Intermediate Choreographer: Forty Arroyo (USA) Feb 2017 Choreographed to: Shape Of You by Ed Sheeran

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Starts 16 counts in on vocals

Section 1	Step, Close, Touch, Cross, Step, Step, Shuffle, Chase Turn
1&2	Step forward R diagonal, Step L next to R, Touch R forward diagonal
3&4	Cross R over L, Step slightly back on L, Step R to side
5&6	Shuffle forward – L, R, L
7&8	Step forward on R, Pivot ½ turn to left, Step forward on R (end at 6:00)
Section 2	Repeat Steps [1-8] With Reverse Footwork
1&2	Step forward L diagonal, Step R next to L, Touch L forward diagonal
3&4	Cross L over R, Step slightly back on R, Step L to side
5&6	Shuffle forward – R, L, R
7&8	Step forward on L, Pivot ½ turn to right, Step forward on L (end at 12:00)
Section 3	Cross, Rock, Recover (Repeat), Syncopated Sailors, Touch
1&2	Cross/rock R in front of L, Step L in place, Step R to side
&3&4	Step L in place, Cross/rock R in front of L, Step L in place, Step R to side
5&6	Step L behind R, Step R next to L, Step L to side
&7&8	Step R behind L, Step L next to R, Step R to side, Slide and touch L next to R (end at 12:00)
Section 4	Repeat Steps [17-24] With Reverse Footwork
1&2	Cross/rock L in front of R, Step R in place, Step L to side
&3&4	Step R in place, Cross/rock L in front of R, Step R in place, Step L to side
5&6	Step R behind L, Step L next to R, Step R to side
&7&8	Step L behind R, Step R next to L, Step L to side, Slide and touch R next to L (end at 12:00)
Section 5	Step & Swivel (3X), ¹ / ₂ Turn With Hip Rotation
1&2	Step R to side, Swivel L heel in, Step L in place
&3&4	Swivel R heel in, Step R in place, Swivel L heel in, Step L in place
5&	Step slightly forward on R, pivot 1/8 turn to left – rotating hips CCW (weight on L)
6&7&8&	Repeat steps (5&) – 3 more times – (end at 6:00)
Section 6	Repeat Steps[33-40]– With ¹/₄ Turn
1&2	Step R to side, Swivel L heel in, Step L in place
&3&4	Swivel R heel in, Step R in place, Swivel L heel in, Step L in place
5&	Step slightly forward on R, Start turning ¹ / ₄ to left – rotating hips CCW
6&7&8&	Repeat steps (5&) – 3 more times completing ¹ / ₄ turn left – (end at 3:00)
1&2 &3&4 5&	Repeat Steps[33-40]– With ¹/₄ Turn Step R to side, Swivel L heel in, Step L in place Swivel R heel in, Step R in place, Swivel L heel in, Step L in place Step slightly forward on R, Start turning ¹ / ₄ to left – rotating hips CCW

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