

Broken Hearted Lovers



		A COLUMN TO THE REAL PROPERTY OF THE PERTY O	Geri Morrison
STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Continu 1	Walls Walls Forward Park Cida Park (v. 2)		
Section 1 1 - 2	Walk, Walk, Forward Rock, Side Rock (x 2)	Wolls Wolls	Forward
3 &	Walk forward left. Walk forward right. Rock forward on left. Recover onto right.	Walk Walk Forward Rock	
4 &	Rock left to left side. Recover onto right.	Left Rock	On the spot
5 - 6	Walk forward left. Walk forward right.	Walk Walk	Forward
7 &	Rock forward on left. Recover onto right.	Forward Rock	On the spot
8 &	Rock left to left side. Recover onto right.	Left Rock	
Section 2	Shuffle Back, Shuffle 1/2 Turn, Hip Bumps		
1 & 2	Step back left. Close right beside left. Step back left.	Back Shuffle	Back
3 & 4	Shuffle 1/2 turn right, stepping right, left, right.	Shuffle Turn	Turning right
5 - 6	Step left to left side bumping hips left. Bump hips right.	Hip Bumps	On the spot
7 & 8	Bump hips left. Bump hips right. Bump hips left. (6:00)	Hip Bumps	
Section 3	Side, Behind, Side, Behind, Side (x 2)		
1 - 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 & 4	Step right to side. Cross left behind right. Step right to right side.	Side Behind Side	
5 - 6	Step left to left side. Cross right behind left.	Side Behind	Left
7 & 8	Step left to left side. Cross right behind left. Step left to left side.	Side Behind Side	
Section 4	Cross, Unwind 3/4, Lock Step, Full Turn, Mambo Step		m : 1 c
1 - 2	Cross right over left. Unwind 3/4 turn left, hitching left across right.	Cross Unwind	Turning left
3 & 4	Step left forward. Lock right behind left. Step left forward.	Left Lock Left	Forward
5 - 6 7 & 8	Make full turn left travelling forward, stepping right, left. (9:00) Rock right forward. Recover onto left. Step right beside left.	Full Turn Right Mambo	Turning left On the spot
7 & 0		rught Manibo	On the spot
Section 5	Cross Rock, Side Rock, Behind, Side, Cross, Side Rock, Triple Full Turn		
1 &	Cross rock left over right. Recover onto right.	Cross Rock	On the spot
2 &	Rock left to left side. Recover onto right.	Side Rock	D
3 & 4	Cross left behind right. Step right to side. Cross left over right.	Behind Side Cross	Right
5 - 6 7 & 8	Rock right to right side. Recover onto left. Triple step full turn left, stepping right, left, right on the spot. (9:00)	Side Rock	Tunning left
/ α ο	imple step full turn left, stepping right, left, right on the spot. (9:00)	Triple Full Turn	Turning left
Section 6 1 - 2	Side, Together, Side Together Back, Back Rock, Step, 1/2 Turn, Step Step left to left side. Step right beside left.	Side Together	Left
3 & 4	Step left to left side. Step right beside left. Step left back.	Side Together Back	Back
5 - 6	Rock back on right. Recover onto left.	Back Rock	On the spot
7 & 8	Step right forward. Turn 1/2 right on ball of left. Step right forward.	Step Turn Step	Turning right
Restart	Wall 1 (facing 3:00): restart dance from beginning at this point.		
Section 7	Step, Pivot 1/2, Kick Ball Cross, Back Step, Side, Cross, Back, Side		
1 - 2	Step left forward. Pivot 1/2 turn right (weight on right).	Step Pivot	Turning right
3 & 4	Kick left forward. Step left beside right. Cross right over left.	Kick Ball Cross	Left
5 - 6	Step left back. Step right to right side.	Back Side	Back
7 & 8	Cross left over right. Step right back. Step left to left side.	Cross Back Side	Right
Section 8	Step, Pivot 1/2, Kick Ball Cross, Back, Side, Cross, Back, Side		
1 - 2	Step right forward. Pivot 1/2 turn left.	Step Pivot	Turning left
3 & 4	Kick right forward. Step right beside left. Cross left over right.	Kick Ball Cross	Right
5 - 6	Step right back. Step left to left side.	Back Side	Back
7 & 8	Cross right over left. Step left back. Step right to right side.	Cross Back Side	Left

4 Wall Line Dance: 64 Counts. Intermediate Level

Choreographed by:- Geri Morrison (UK) March 2006

Choreographed to:- 'Break My Stride' by Blue Lagoon (106 bpm) from Club Lagoon Album (start on main vocals, on word "ain't")

Restart:- There is one restart, on Wall 1, at end of section 6 (after 48 counts) start again from beginning