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Mama's Heart Of Gold

34 Count, 4 Wall, Improver

Choreographer: Micaela Svensson Erlandsson (SE) Nov 2016

Choreographed to: Mama Courtney by Robert Mizzell

Intro:	36 Count
Section 1	Side. Touch. Side. Behind. Side. Cross. Side. Touch. Side. Behind. ¼ Turn right. Step.
1&2	Step right to right side. Touch left beside right. Step left to left side.
3&4	Cross right behind left. Step left to left. Cross right over left.
5&6	Step left to left side. Touch right beside left. Step right to right side.
7&8	Cross left behind right. Turn ¼ right stepping forward on right. Step forward on left.
Section 2	Mambo Step. Coaster Step. Step. ½ Turn left. ½ Chase Turn left.
1&2	Rock forward on right. Recover onto left. Step back on right.
3&4	Step back on left. Step right beside left. Step forward on left.
5-6	Step forward on right. Turn ½ left.
7&8	Step forward on right. Turn ½ left. Step forward on right.
	Bridge here: On wall 3 facing 9 O'clock. Wall 6 Facing 12 O'clock. Wall 7 Facing 9 O'clock.
Section 3	Rock Step. Shuffle ½ Turn left. Heel Switches. Rock Step.
1-2	Rock forward on left. Recover onto right.
3&4	Make a Shuffle ½ turn back over the left shoulder stepping left, right, left.
5&6&	Touch right heel forward. Step right in place. Touch left heel forward. Step left in place
7-8	Rock forward on right. Recover onto left.
Section 4	Back Shuffle. Coaster Step. Skate. Skate. Right Vaudeville.
1&2	Step back on right. Close left beside right. Step back on right.
3&4	Step back on left. Step right beside left. Step forward on left.
5-6	Skate forward on right. Skate forward on left.
7&	Cross right foot over left. Step back on the left foot.
8&	Touch right heel forward. Step right in place.
Section 5	Cross Shuffle.
1&2	Cross left over right. Step right foot to right side. Cross left over right.
Bridge:	Walk forward on left. Walk forward on right. On Wall 3 (Facing 9 O'clock) Wall 6 (Facing 12 O'clock) Wall 7 (Facing 9 O'clock)
Tag:	Right Scissor Step. Left Scissor Step. After Wall 3 (Facing 3 O'clock)
