

Old Mountain Dew

32 Count, 4 Wall, Improver Choreographer: Jan van Tiggelen (NL) Nov 2016 Choreographed to: Mountain Dew by Aslak Gjennestad

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Intro:	32 Counts from the hard beat
Section 1.	Side Together, Chassé, Side Together, Shuffle Backwards.
1-2	RF. Step to R side - LF. Step together
3&4	RF. Step to R side - LF. Step together - RF. Step R to R side
5-6	LF. Step to L side - RF. Step together ***END****
7&8	LF. Step back - RF. Step together - LF. Step back
Section 2.	Out Out, Behind-Side-Cross, Side Rock, Recover, Sailor 1/4 Turn L
1-2	RF. Step diagonal R back / out - LF. Step diagonal L back / out
3&4	RF. Cross behind LF - LF. Step to L side - RF. Cross over LF
5-6	LF. Rock to L side - RF. Recover
7&8	LF. Sweep and cross behind RF with 1/4 turn L - RF. Step to R side - LF. Step to L side (9)
Section 3.	Cross Rock, Recover, Chassé 1/4 Turn R, Pivot 1/2 Turn R, Step Lock Step fwd.
1-2	RF. Cross rock over LF - LF. Recover
3&4	RF. Step to R side - LF. Step together - RF. 1/4 turn R step forward (12)
5-6	LF. Step forward - 1/2 Turn R (6)
7&8	LF. Step forward - RF. Lock behind LF - LF. Step forward
Section 4.	Rock, Recover, Coaster Step bwd, Skate, Skate, 1/4 Turn L Shuffle
1-2	RF. Rock forward - LF. Recover
3&4	RF. Step back - LF. Step together - RF. Step forward
5-6	LF. Skate diagonal forward - RF. Skate diagonal forward
7&8	LF. 1/4 Turn L step forward - RF. Step together - LF. Step forward (3)
Start Again	
Ending:	(3) Dance wall 10 up to count 6 of block 1, Do than
7&8	LF. Sweep 1/4 turn L and cross behind RF - RF. Step to R side - LF. Step to L side (12)

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