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A Day In Your Life

60 count, 2 wall, intermediate level Choreographer: Mark & Jan Caley (UK) Jan 2002 Choreographed to: Day in Your Life by Anastacia (Freak of Nature), bpm 120

(Start the dance after 38 Sec) Start Facing 12 O'clock

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- 1-2 Step forward on Left, Point Right toe out to right side
- 3-4 Cross Right over Left , Scuff Left forward
- 5-6 Cross Left over Right, Step Back on Left
- 7&8 Step Left to side, Bring Right to Left, Step Left to Side

TOUCH FORWARD, TOUCH SIDE, 1/2 TURN SAILOR (TWICE)

- 9-10 Touch Right toe forward, Touch Right toe to Right side
- 11&12 Right Sailor Step making 1/2 turn Right
- 13-14 Touch Left Toe forward, touch Left toe to Left side
- 15&16 Left Sailor Step making 1/2 turn Left (Now facing 12 O Clock)

STEP TOUCHES, DOROTHY STEPS RIGHT AND LEFT

- 17-18 Step Right diagonally forward Right, Touch Left next to Right (Click Fingers)
- 19-20 Step Left diagonally back Left, Touch Right next to Left (Click Fingers)
- 21-22& Step Right diagonally forward Right, Lock Left behind Right, Step Right diagonally forward Right (&)
- 23-24& Step Left diagonally forward Left, Lock Right behind Left, Step Left diagonally forward Left (&)

STEP TOUCHES, DOROTHY STEPS RIGHT AND LEFT

- 25-26 Step Right diagonally forward Right, Touch Left next to Right (Click Fingers)
- 27-28 Step Left diagonally back Left, Touch Right next to Left (Click Fingers)
- 29-30& Step Right diagonally forward Right, Lock Left behind Right, Step Right diagonally forward Right (&)
- 31-32& Step Left diagonally forward Left, Lock Right behind Left, Step Left diagonally forward Left(&)

STEP 1/2 TURN LEFT, RIGHT SHUFFLE, FULL TURN RIGHT, LEFT SHUFFLE

- 33-34 Step forward on Right, Pivot 1/2 turn Left (Weight now Left)
- 35&36 Step forward on Right, Close Left to Right, Step forward on Right
- 37-38 Stepping forward Left, Right making a full turn Right (make a full turn during 37-38)
- 39&40 Step forward on Left, Close Right to Left, Step forward on Left (Now facing 6 O clock)

HEEL. TOE. BALL CHANGE BACK, HEEL. TOE. BALL CHANGE FORWARD

- 41-42 Touch Right Heel forward, Touch Right Toe Back
- &43-44 Step back on the ball of Right (&), Step Left next to Right (43), Touch Right Slightly back (44)
- 45-46 Touch Right Heel forward, Touch Right Toe Back
- &47-48 Step forward on ball of Right (&), Step Left next to Right (47), Touch Right Heel slightly forward (48) (On Steps '&43' you will be travelling backwards....on steps '&47' you will be travelling forwards)

& STEP, STEP 1/2 TURN LEFT, STEP, FULL TURN RIGHT, STEP, HOLD,

- &49-50 Step slightly back on Right (&), Step forward on Left, Step forward on Right
- 51-52 Pivot 1/2 turn Left (weight on left), Step forward on Right
- 53-54 Stepping forward Left, Right making a full turn Right (make a full turn during 53-54)
- 55-56 Step forward on Left, Hold

PIVOT 1/2 TURN LEFT, HOLD

- 57-58 Step forward on Right, pivot 1/2 turn Left (weight on Left)
- 59-60 Step forward on Right, Hold (now facing 6 O'clock)

START AGAIN