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Grounded

32 Count, 4 Wall, Advanced Choreographer: Noel Bradey (AU) Sept 2016 Choreographed to: Feet Back On The Ground by Brett Kissell

| Start: | On Vocals after 16 Count Introduction |
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| Section 1 1 2&3 &4 &5 6&7 8&1 | Behind Sweep, Sailor, Behind ¼, Replace, ½ Fwd, Full Triple Fwd, Back, Back, ¼ Cross/step R behind L as you sweep L around front to side Cross/step L behind R, Step on ball of R to right side, Replace weight to L Cross/step R behind L, Turn 90° left lunge/step L Fwd (9:00) Replace weight back onto R, Turn 180° left to step fwd onto L (3:00) Turn 180° left stepping R back, Turn 180° left stepping L fwd, Lunge/step fwd onto R (3:00) Step L back, Step R back, Turn 90° left stepping L to left side (12:00) |
| Section 2 2&3& 4&5 6&7 & 8&1 | Cross, Side, Behind, ¼, Fwd, ½ Pivot, ½ Back, Back Coaster, Full, Fwd, Beside, ¼ Cross/step R over L, Step L to left, Cross/step R behind L, Turn 90° left stepping L fwd (9:00) Step R fwd, Pivot turn 180° left (weight L), Turn 180° left stepping R back dragging L towards R (9:00) Step L back, Step R beside L, Step L fwd Step fwd onto R turning 360° left (9:00) Step L fwd, Step on ball of R beside L, Turn 90° left stepping L fwd and sweeping R around (6:00) |
| Section 3 2&3& 4&5 6&7& 8&1 | Cross, ¼, Side, Together, ¼, Full Turn Fwd, Fwd Coaster, Cross, Back, Replace, ¼ With A Drag Cross/step R over L, Turn 90° right stepping L back, Step R to right side, Step on ball of L beside R (9:00) Turn 90° right stepping R fwd, Turn 180° right stepping L back, Turn 180° right stepping R fwd (12:00) Step L fwd, Step R beside L, Step L Back, Cross/step R over L Rock/step back onto L, Replace weight to R, Turn 90° right stepping L to left dragging R towards L (3:00) |
| Section 4 2&3& 4&5 6& 7,8& 32 | Side, Together, Fwd, Fwd, ½ Pivot, ¼ Side, Rock Behind, Replace, ¼, Behind, Replace, Side Step R to right side, Step L beside R, Step R fwd, Step L fwd Pivot turn 180° right (weight R), Turn 90 right stepping L to left, Cross/step/Rock R behind L (12:00) Replace weight to L, Turn 90° left stepping R to right side (9:00) Cross/step L behind R, Replace weight to R, Step L to left side Restart Dance In New Direction |
| | After Wall 3, add the following 8 count Tag Step R fwd, Pivot turn 180° left, Step R beside L, Rock/step fwd on L, Replace weight to R, Step L beside R Rock/step R to right, Replace weight to L, Turn 180° right stepping on R beside L, Rock/step L to left, Replace weight to R, Step on L beside R E: Wall 7 Dance to Count 24 – the add the following: |
| 1,2&3,4& 5,6&7,8& To End Dance | Step R fwd, Pivot turn 180° left, Step R beside L, Rock/step fwd on L, Replace weight to R, Step L beside R Rock/step R to right, Replace weight to L, Turn 180° right stepping on R beside L, Rock/step L to left, Replace weight to R, Step on L beside R |

Turn 180° right to step R fwd, Lunge fwd onto L (facing the front)