Web site: www.linedancerweb.com
E-mail: admin@linedancerweb.com

## Grounded

32 Count, 4 Wall, Advanced
Choreographer: Noel Bradey (AU) Sept 2016
Choreographed to: Feet Back On The Ground by Brett Kissell

| Start: | On Vocals after 16 Count Introduction |
| :---: | :---: |
| Section 1 | Behind Sweep, Sailor, Behind 1/4, Replace, ½ Fwd, Full Triple Fwd, Back, Back, ¼ |
| 1 | Cross/step $R$ behind $L$ as you sweep $L$ around front to side |
| 2\&3 | Cross/step L behind R, Step on ball of R to right side, Replace weight to $L$ |
| \& 4 | Cross/step R behind L, Turn $90^{\circ}$ left lunge/step L Fwd (9:00) |
| \&5 | Replace weight back onto R, Turn $180^{\circ}$ left to step fwd onto L (3:00) |
| 6\&7 | Turn $180^{\circ}$ left stepping R back, Turn $180^{\circ}$ left stepping L fwd, Lunge/step fwd onto R (3:00) |
| 8\&1 | Step L back, Step R back, Turn $90^{\circ}$ left stepping $L$ to left side (12:00) |
| Section 2 | Cross, Side, Behind, 1/4, Fwd, 1/2 Pivot, 1/2 Back, Back Coaster, Full, Fwd, Beside, $1 / 4$ |
| 2\&3\& | Cross/step R over L, Step L to left, Cross/step R behind L, Turn $90^{\circ}$ left stepping L fwd (9:00) |
| 4\&5 | Step R fwd, Pivot turn $180^{\circ}$ left (weight L), Turn $180^{\circ}$ left stepping R back dragging L towards R (9:00) |
| 6\&7 | Step L back, Step R beside L, Step L fwd |
| \& | Step fwd onto R turning $360^{\circ}$ left (9:00) |
| 8\&1 | Step L fwd, Step on ball of R beside L, Turn $90^{\circ}$ left stepping $L$ fwd and sweeping $R$ around (6:00) |
| Section 3 | Cross, $1 \not 14$, Side, Together, $1 \not 14$, Full Turn Fwd, Fwd Coaster, Cross, Back, Replace, $1 / 4$ With A Drag |
| 2\&3\& | Cross/step $R$ over $L$, Turn $90^{\circ}$ right stepping $L$ back, Step $R$ to right side, Step on ball of $L$ beside $R$ (9:00) |
| 4\&5 | Turn $90^{\circ}$ right stepping $R$ fwd, Turn $180^{\circ}$ right stepping L back, Turn $180^{\circ}$ right stepping $R$ fwd (12:00) |
| 6\&7\& | Step L fwd, Step R beside L, Step L Back, Cross/step R over L |
| 8\&1 | Rock/step back onto L, Replace weight to $R$, Turn $90^{\circ}$ right stepping $L$ to left dragging $R$ towards L (3:00) |
| Section 4 | Side, Together, Fwd, Fwd, 1/2 Pivot, $1 / 4$ Side, Rock Behind, Replace, $1 / 4$, Behind, Replace, Side |
| 2\&3\& | Step R to right side, Step L beside R, Step R fwd, Step L fwd |
| 4\&5 | Pivot turn $180^{\circ}$ right (weight R), Turn 90 right stepping L to left, Cross/step/Rock R behind L (12:00) |
| 6\& | Replace weight to $L$, Turn $90^{\circ}$ left stepping $R$ to right side (9:00) |
| 7,8\& | Cross/step L behind R, Replace weight to R, Step L to left side |
| 32 | Restart Dance In New Direction |
| Tag: | After Wall 3, add the following 8 count Tag |
| 1,2\&3,4\& | Step R fwd, Pivot turn $180^{\circ}$ left, Step R beside L, Rock/step fwd on L, Replace weight to R, Step $L$ beside $R$ |
| 5,6\&7,8\& | Rock/step $R$ to right, Replace weight to $L$, Turn $180^{\circ}$ right stepping on $R$ beside $L$, Rock/step L to left, <br> Replace weight to $R$, Step on $L$ beside $R$ |
| To End D | Wall 7 Dance to Count 24 - the add the following: |
| \&1 | Turn $180^{\circ}$ right to step R fwd, Lunge fwd onto L (facing the front) |

