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**Care To Dance** 

32 Count, 4 Wall, Beginner Choreographer: Natalie Ind (UK) Aug 2016 Choreographed to: I'm In The Mood For Dancing by The Nolan Sisters

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<b>Section 1</b>	<b>Step, Together, Step, Touch X2 (swaying As You Go)</b>
1 - 4	Step Right foot to right side, step left foot next to right foot, step right foot to right side, touch left toe next to right foot.
5 - 8	Step left foot to left side, step right foot next to left foot, step left foot to left side, touch right toe next to left foot.
<b>Section 2</b>	<b>Forward Touch, Back Touch, Back Mambo, Back Mambo</b> <sup>1</sup> / <sub>4</sub> Left.
9 - 12	Step Right foot forward, touch left toe next to right foot, step left foot back, touch right toe next to left foot
13 & 14	Step Rock the right foot back, Recover weight onto the left foot, step right foot next to left.
15 & 16	Step rock back the left foot, recover weight onto the right foot, step left foot forward making a <sup>1</sup> / <sub>4</sub> turn left.
Section 3	Rock Step Coaster Step, Touches, Behind, Side, Cross
17 - 18	Rock step forward onto the right foot, recover weight back onto the left foot
19 & 20	Step right foot back, step left foot next to the right foot, step the right foot forward.
21 - 22	Touch left toe forward, left tot to left side
23 & 24	Step left foot behind right foot, step right foot to right side, step left across right foot.
<b>Section 4</b>	Side Rock, Behind, Side, Cross, Side Rock, Step, Touch.
25 - 26	Rock step right foot to right side, recover weight onto left foot
27 & 28	Step right foot behind left foot, step left foot to left side, step right foot across left foot.
29 - 30	Rock step left foot to left side, recover weight onto the right foot
31 - 32	Step left foot to left side, touch right toe next to left side.
Start Again	
Ending: 21 - 22 23 & 24	As the music fades you will be facing the back wall, do counts 21,22, then instead of behind, side cross, finish with a ½ Sailor turn left, so you finish facing the front wall, and why not strike a pose! Touch left toe forward, to the left side Step left foot Cross right behind left and turn 1/4 left. Step right beside left. Turning left 8 Turn 1/4 left and cross left over right. (12:00).
Enjoy and Smile!	

Thank you to Tracey and Teresa for the music suggestion after a shift in a care home together!

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