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Sayawan Na!

64 Count, 4 Wall, Beginner

Choreographer: Noel Gamboa (USA Aug 2016)

Choreographed to: Sayawan Na! by Noel Gamboa,
Pinoy Dance Mix

Start on lyrics.

Section 1 Forward Rock, Shuffle, Back Rock, Shuffle

1-2 Rock L forward, recover to R
3&4 Shuffle back LRL
5-6 Rock R back recover to L
7&8 Shuffle forward RLR

Section 2 Forward Rock, Shuffle, Back Rock, Shuffle

1-8 Repeat steps 1-8, Sec 1

Section 3 Step-Turn, Shuffle, Step-Turn, Shuffle

1-2 Step L forward, pivot 1/2 right
3&4 Shuffle forward LRL
5-6 Step R forward, pivot 1/2 left
7&8 Shuffle forward RLR

Section 4 Step-Turn, Shuffle, Step-Turn, Shuffle

1-8 Repeat steps 1-8, Sec 3

Section 5 Side, Together, Side, Touch

1-4 Step L side, step R together, step L side, touch R together
5-8 Step R side, step L together, step R side, touch L together

**Styling: Push hands, palms open, overhead at left on counts 1 & 3. Sight on hands.
Push hands, palms open, overhead at right on counts 5 & 7. Sight on hands.**

Section 6 Side, Together, Side, Touch

1-8 Repeat steps 1-8, Sec 5

**Styling: Hands beside left hip, push open palms back four times. Sight on hands.
Hands beside right hip, push open palms back four times. Sight on hands.**

Section 7 Heel Swivels, Rock-And-Step

1-2 Step L side & swivel heels right-left
3&4 Rock L side, recover to R, step L side (heels to right)
5-6 Step R side & swivel heels left-right
7&8 Rock R side, recover to L, step R side (heels to left)

Styling: Push arm up at side alternately left-right on counts 1-2.

Push left arm at side twice on counts 3 & 4.

Reverse direction on counts 5-8

Section 8 Steps In Place

1-4 Step in place L, R, L, R
5-8 Turn 1/4 left and step in place L, R, L, R

Styling: On 4 counts, cross arms across chest and sweep them up and out while uncrossing. On the next 4 counts, sweep arms down and in; drop them at sides.

Repeat

Note: For additional styling, watch the choreographer's dance tutorial.