



Web site: www.linedancerweb.com

E-mail: admin@linedancerweb.com

Lovely Rumba Basic

192 Count, 1 Wall, Beginner (Rumba)

Choreographer: Sunny Jeong & Ha-Young Choi (KR)
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Choreographed to: A Word from the Flower to the Wind by
Kang-Soo Park.

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Intro: 16 counts, [Work: 192, Bridge: 32, Ending: 14]

[Intro]

Section 1: Start With Feet Apart, Weight Change, Hold

1-2 Place weight on R, hold
3-4 Transfer weight to L, hold
5-6 Transfer weight to R, hold
7-8 Transfer weight to L, hold

Section 2: Weight Change, Hold, Touch Toe Together

1-2 Transfer weight to R, hold
3-4 Transfer weight to L, hold
5-6 Transfer weight to R, hold
7-8 Transfer weight to L, touch R together

[Work] 192 Counts

Section 1: Step Side, Hold, Step Together, Hold

1-2 Step R side, hold
3-4 Step L together, hold
5-6 Step R side, hold
7-8 Step L together (weight on L), hold

Section 2: Step Side, Hold, Step Together, Hold, Touch Toe Together, Hold

1-2 Step R side, hold
3-4 Step L together, hold
5-6 Step R side, hold
7-8 Touch L together, hold

Section 3: Step Side, Hold, Step Together, Hold

1-2 Step L side, hold
3-4 Step R together, hold
5-6 Step L side, hold
7-8 Step R together (weight on R), hold

Section 4: Step Side, Hold, Step Together, Hold, Touch Toe Together, Hold

1-2 Step L side, hold
3-4 Step R together, hold
5-6 Step L side, hold
7-8 Touch R together, hold

Section 5-8: Repeat Sections 1-4

Section 9: Step Forward, Hold, Step Recover

1-2 Step R forward, hold
3-4 Step L forward, hold
5-6 Step R forward, hold
7-8 Rock L forward, recover to R

Section 10: Step Back, Hold, Step Recover

1-2 Step L back, hold
3-4 Step R back, hold
5-6 Step L back, hold
7-8 Rock R back, recover to L

Section 11-12: Repeat Section 9-10

Section 13: Step Weave, Hold
1-2 Step R side, hold
3-4 Cross L behind R, hold
5-6 Step R side, hold
7-8 Cross L over R, hold

Section 14: Step Weave, Hold, Touch Toe Together, Hold
1-2 Step R side, hold
3-4 Cross L behind R, hold
5-6 Step R side, hold
7-8 Touch L together, hold

Section 15: Step Weave, Hold
1-2 Step L side, hold
3-4 Cross R behind L, hold
5-6 Step L side, hold
7-8 Cross R over L, hold

Section 16: Step Weave, Hold, Touch Toe Together, Hold
1-2 Step L side, hold
3-4 Cross R behind L, hold
5-6 Step L side, hold
7-8 Touch R together, hold

[Bridge] 32 Counts
Section B1: Step Side, Hold, Weight Change, Hold
1-2 Step R side, hold
3-4 Transfer weight to L, hold
5-6 Transfer weight to R, hold
7-8 Transfer weight to L, hold

Section B2: Weight Change, Hold
1-2 Transfer weight to R, hold
3-4 Transfer weight to L, hold
5-6 Transfer weight to R, hold
7-8 Transfer weight to L, hold

Section B3: Repeat Section 2

Section B4: Weight Change, Hold, Touch Toe Together
1-2 Transfer weight to R, hold
3-4 Transfer weight to L, hold
5-6 Transfer weight to R, hold
7-8 Transfer weight to L, touch R together

[Back To Work]
Section 17: Step Forward, Hold, Step Recover
1-2 Step R forward, hold
3-4 Step L forward, hold
5-6 Step R forward, hold
7-8 Rock L forward, recover to R

Section 18: Step Back, Hold, Step Recover
1-2 Step L back, hold
3-4 Step R back, hold
5-6 Step L back, hold
7-8 Rock R back, recover to L

Section 19-20: Repeat Section 17-18

Section 21: Rock Forward, Hold, Step Pivot ¼ Turn, Hold
1-2 Rock R forward, hold
3-4 Turn ¼ L and shift weight to the L, hold
5-6 Rock R forward, hold
7-8 Turn ¼ L and shift weight to the L, hold

Section 22: Rock Forward, Hold, Step Pivot ¼ Turn, Hold, Step Together
1-2 Rock R forward, hold
3-4 Turn ¼ L and shift weight to the L, hold
5-6 Rock R forward, hold
7-8 Turn ¼ L and shift weight to the L, step R together (weight on R)

Section 23: Rock Forward, Hold, Step Pivot ¼ Turn, Hold
1-2 Rock L forward, hold
3-4 Turn ¼ R and shift weight to the R, hold
5-6 Rock L forward, hold
7-8 Turn ¼ R and shift weight to the R, hold

Section 24: Rock Forward, Hold, Step Pivot ¼ Turn, Hold
1-2 Rock L forward, hold
3-4 Turn ¼ R and shift weight to the R, hold
5-6 Rock L forward, hold
7-8 Turn ¼ R and shift weight to the R, hold

[Ending]

Section E1: Weight Change, Hold, Step Together
1-2 Transfer weight to L, hold
3-4 Transfer weight to R, hold
5-6 Transfer weight to L, hold
7-8 Transfer weight to R, hold
9-10 Transfer weight to L, hold
11-12 Transfer weight to R, hold
13-14 Transfer weight to L, step R together (weight on R)

Bridge: After 16th section, before 17th section
