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Hard Rock Cafè

32 Count, 4 Wall, Improver (Cha Cha)

Choreographer: Eva Richter (AT) & Roy Verdonk (NL) Jun 2016

Choreographed to: Hardrock Cafe by Dancelife

Intro: 16 counts - Start on lyrics

Tag: After wall 9 (3.00)

Ending: In wall 12, cts 27+28 (12.00) leave out the 1/4 turn L in the Sailor Step and pose on the last step

Section 1 Flick, Rock Step Fwd, Coaster Step, 1/4 Step Turn R, Cross Shuffle

1 RF Flick back
2, 3 RF Rock forward, LF recover
4+5 RF back, LF together, RF forward
6, 7 LF forward, 1/4 turn R and RF side (3.00)
8+1 LF across RF, RF side, LF across RF

Section 2 Sway R, Sway L, Chassè R, Sway L, Sway R, Chassè L & Flick With 1/4 Turn L

2, 3 Sway hips R, Sway Hips L
4+5 RF side, LF together, RF side
6, 7 Sway hips L, Sway hips R
8+1 LF side, RF together, 1/4 turn L and LF fwd and RF lift into Flick (12.00)

Section 3 Hold, Slow Step Forward, 1/2 Turn L & 3x Walk Forward, Lock Step Forward

2 Hold Flick R
3, 4+ RF slow step forward, 1/2 turn L (6.00)
5, 6, 7 LF walk forward, RF walk forward, LF walk forward
8+1 RF forward, LF behind, RF forward

Section 4 Rock-Recover-Sweep, Sailor Step With 1/4 Turn L, Hold, Kick-Ball-Touch, Together

2, 3 LF Rock forward, RF recover and Sweep back with 1/4 turn L
4+5 LF behind RF, RF side, LF side
6 Hold
7+8+ RF Kick forward, RF step together, LF touch forward (into sit position), LF together

Enjoy and have fun!

Tag: After wall 9 (3.00): CCW Hip roll
1-4+ Do only the Kick-Ball-Touch of the last 2 counts of the dance, then Roll hips counter clockwise in a full circle, LF together
