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Thunder \& Lightning
64 Count, 2 Wall, Intermediate Choreographer: Bastiaan van Leeuwen (DE) May 2016

Choreographed to: Friends by Blake Shelton

Intro: $\mathbf{3 2}$ counts

| Section 1 | Vaudeville R, Step Beside, Cross Over, Side Step, Sailor Step L, Cross Behind, |
| :--- | :--- |
|  | $1 / 4$ Turn L Step Forward, |
| $1 \& 2$ | Step R over L, step L slightly back, touch R heel diagonal right forward, |
| $\& 3 \& 4$ | Step R next to L, cross L over R, step R to right side, |
| $5 \& 6$ | Cross L behind R, step R next to L, step L to left side, |
| $7-8$ | Cross R behind L, $1 / 4$ turn left stepping L forward, (09:00) |

Section 2 Shuffle R Backwards $1 / 2$ Turn L, Coaster Step L, Full Turn L, Walk Forward, $1 \& 2 \quad 1 / 4$ turn left stepping $R$ to right side, close $L$ next to $R, 1 / 4$ turn left stepping $R$ back, (03:00)
3\&4 Step $L$ back, step $R$ next to $L$, step $L$ forward,
5-6 $\quad 1 / 2$ turn left stepping $R$ back, $1 / 2$ turn left stepping $L$ forward,
7-8 Step R forward, step L forward,
Section 3 Kick Out - Out, Ball Cross, Side Step, Sailor Step L $1 / 4$ Turn L, Step Forward R, $1 / 4$ Turn L,
Kick right forward, step $R$ to right side, step $L$ to left side, (shoulder wide)
Step on ball of $R$ next to $L$, cross $L$ over $R$, step $R$ to right side,
5\&6 Cross $L$ behind $R$ turning $1 / 4$ turn $L$, step $R$ next to $L$, step $L$ to left side, (12:00)
7-8 Step R forward, $1 / 4$ turn $L$, (09:00)
Section 4 Cross Shuffle, Side Rock, Recover $1 / 4$ Turn R, $1 / 2$ R Walk Back, Coaster Step L,
1\&2
3-4
Cross $R$ over $L$, close $L$ beside $R$, cross $R$ over $L$,
Rock $L$ to left side, recover onto $R$ with $1 / 4$ turn right, (12:00)
5-6 $\quad 1 / 2$ turn right on $R$ stepping back on $L$, step back on $R,(06: 00)$
7\&8 Step $L$ back, step $R$ beside $L$, step $L$ forward,
Section 5 Side Shuffle, Cross Rock, Recover, Side, Together, Step Forward, Walk Forward,
1\&2
3-4
5\&6
7-8
Step $R$ to right side, close $L$ beside $R$, step $R$ to right side,
Cross $L$ over $R$, recover onto $R$,
Step $L$ to left side, close $R$ beside $L$, step $L$ forward,
Step R forward, step $L$ forward,
Section 6 Heel Switches, Step Forward, Heel Twists, Coaster Step R, Rock Forward L, Recover R,
1\&2 Touch $R$ heel forward, step $R$ next to $L$, touch $L$ heel forward,
\&3\&4 Step L next to R, step R forward, twist both heels to the right, twist both heels back to center, (Restart here in 2nd wall facing 12:00)
5\&6 Step R back, step L beside R step R forward,
7-8 Rock L forward, recover onto R,
Section $7 \quad$ Step Back L, Hitch R, Step Back R, Hitch L, Coaster Step, Shuffle R Backwards $1 ⁄ 2$ Turn L, Sailor Step $1 / 4$ Turn L,
1\&2 Step L back, hitch $R$ knee, step $R$ back, hitch $L$ knee,
3\&4 Step $L$ back, step $R$ beside $L$, step $L$ forward, (restart here in 4th wall facing 12:00)
5\&6 $\quad 1 / 4$ turn left stepping $R$ to right side, close $L$ next to $R, 1 / 4$ turn left stepping $R$ back, (12:00)
7\&8 Cross $L$ behind $R$ turning $1 / 4$ turn $L$, step $R$ next to $L$, step $L$ to left side, (09:00)
Section $8 \quad$ Kick R, Cross R \& Touch L, Heel Twists, Coaster Step L, Full Turn L.
1\&2
Kick R forward, cross $R$ over $L$, touch $L$ to left side,
3\&4 Twist both heels to right (facing 06:00), twist both heels back to left (facing 09:00), twist both heels to $R$ (facing 06:00)
5\&6 Step L back, step R beside L, step L forward,
7-8 $\quad 1 / 2$ turn left on $L$ stepping $R$ back, $1 / 2$ turn left on $R$ stepping $L$ forward.

