

### 01-01-01

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32 count, 4 wall, Intermediate level Choreographer : Jo Thompson (USA) Jan 2001 Choreographed to : Cruisin' by Gwyneth Paltrow & Huey Lewis; Burn by Jo Dee Messina; Burn by Tina Arena; Still Cruisin' by The Beach Boys;I Hope You Dance by Lee Ann Womack

# FORWARD, ROCK, RECOVER, SYNCOPATED BACK LOCK, ROCK BACK, RECOVER, $\frac{1}{2}$ TURN LEFT, SYNCOPATED BACK STEPS

- 1-3 Step forward right, rock forward with left foot, recover back to right foot
- &4 Step back with left foot, lock right foot across in front of left foot
- On the &4 the body is facing slightly left, and as an option the left arm can go up the back and over to the front
- 5 Step back with left foot
- 6-7 Rock back with right foot, recover weight forward to left foot
- &8 Turn ½ left on left foot, small step back with right foot, small step back with left foot

# BIG STEP BACK, DRAG, SYNCOPATED BACK ROCK, SIDE, RECOVER, CROSS SIDE, RECOVER, CROSS

- 1-2 Large step back with right foot, drag left foot to right foot
- &3 Rock back with left foot, recover weight forward to right foot
- 4 Step forward with left foot
- 5&6 Rock right foot to right side, recover weight to left foot, step right foot across in front of left
- 7&8 Rock left foot to left side, recover weight to right foot, step left foot across in front of right

#### SPOT TURN RIGHT, SYNCOPATED VINE LEFT, SPOT TURN LEFT, SYNCOPATED VINE RIGHT

- 1-2 Step right foot to right side, step left foot across in front of right
- 3 Unwind a full turn right ending with weight on right foot
- &4 Step left foot to left side, step right foot crossed behind left
- 5-6 Step left foot to left side, step right foot across in front of left
- 7 Unwind a full turn left ending with weight on left foot
- &8 Step right foot to right side, step left foot crossed behind right

#### SIDE, CROSS ROCK, RECOVER, TWO SYNCOPATED CROSS ROCKS

- 1-3 Step right to right side, rock left foot across in front of right, recover weight back to right foot4 Step left foot to left side
- 5&6 Rock right foot across in front of left, recover weight back to left foot, step right foot to right side
- 7&8 Rock left across right, recover weight back to right foot, turn ½ left, step forward on left foot

**Choreographer's note**: I enjoy this dance to slower songs such as the ones listed above for a relaxed feel. It's best when not rushed. I choreographed this on New Year's Day (01-01-01) and hope you enjoy dancing it!

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