

Web site: www.linedancerweb.com

**Back In My Life** 

64 Count, 4 Wall, Intermediate Choreographer: Wil Bos (NL) Apr 2016 Choreographed to: Back In My Life (radio edit) by Fly Project

Album: Back In My Life

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## 128 Bpm - intro 32 counts

Section 1 Jazz Box Cross, Unwind % R, Step Lock Step Bkw, Coaster
1-4 RF cross over, LF step back, RF step side, LF cross over

5 L+R % turn right (weight LF)

6&7 RF step back, LF across, RF step back

8&1 LF step back, RF together, LF step forward [7.30]

Section 2 Hold, Together, Fwd, Step Lock Step, Walk x2, Step Lock Step

2&3 Hold, RF together, LF step forward

4&5 RF step forward, LF lock behind, RF step forward

6-7 LF step forward, RF step forward

8&1 LF step forward, RF lock behind, LF step forward [7.30]

Section 3 Rock Fwd Recover, Sailor Cross % R, Side, Together, Chassé ¼ L

2-2 RF rock forward, LF recover

4&5 RF % right cross behind, LF step beside, RF cross over

6-7 LF step side, RF together

&1 LF step side, RF together, LF ¼ left step forward [12]

Section 4 Rock Fwd Recover, ¼ L Coaster, Rock Fwd Recover, ¼ L Chassé

2-3 RF rock forward, LF recover

4&5 RF step back, LF 1/4 left together, RF step forward

6-7 LF rock forward, RF recover

8&1 LF 1/4 left step side, RF together, LF step side [6]

Section 5 Hold, Together, Side, Cross Samba x2, Mambo Fwd

2&3 Hold, RF together, LF step side

4&5 RF cross over, LF rock side, RF recover
 6&7 LF cross over, RF rock side, LF recover
 8&1 RF rock forward, LF recover, RF step back [6]

Section 6 Step Lock Step Bkw, Kick Ball Touch x2, Sweep/Behind Side Cross

2&3 LF step back, RF lock across, LF step back

4&5 RF kick forward, RF step beside on ball foot, LF touch beside 6&7 LF kick forward, LF step beside on ball foot, RF touch beside 8&1 RF sweep and cross behind, LF step side, RF cross over [6]

Section 7 Sway x2, Chasse 1/4 L, Mambo Fwd, Mambo Bkw

2-3 LF step side and hips left, hips right

4&5 LF step side, RF together, LF ½ left step forward 6&7 RF rock forward, LF recover, RF step back LF rock back, RF recover, LF step forward [3]

Section 8 Cross, Diag Back x2, Cross, Diag Back, ½ L Fwd, Jump Fwd

2-4 RF cross over, LF step diag. left back, RF step diag. right back

5-6 LF cross over, RF step diag. right back 7-8 LF ½ left step forward, R+L jump forward [9]

## **Start Again**