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## Boots N Bows

64 count, 2 wall, Beginner level
Choreographer: Steve Shaw (UK) Feb 2006 Choreographed to: Nothin' To Lose by Josh Gracin, (130 bpm); You Need A Man by Brad Paisley, Time Well Wasted CD (132 bpm)

32 count into - start on vocals (Both tracks start on vocals)
Section 1 Forward Rock, Shuffle $1 / 2$ Turn Right, Forward Rock, Shuffle $1 / 2$ Turn Left.
1-2 Rock right forward. Recover onto left.
3 \& 4 Shuffle $1 / 2$ turn right stepping right, left, right.
5-6 Rock left forward. Recover onto right.
7 \& 8 Shuffle $1 / 2$ turn left stepping left, right, left.
Section 2 Right Kick Ball Change, Right Kick Ball Change with $1 / 4$ Turn left, Jazz Box.
$1 \& 2$ Kick right forward. Step ball of right beside left. Step left beside right.
3 \& 4 Kick right forward. Step ball of right beside left. Step left $1 / 4$ Turn left.
5-6 Cross right over left. Step left back.
7-8 Step right to right side. Step left beside right.

## Sections 3 \& 4

Repeat Sections 1 \& 2
1-16 Dance sections $1 \& 2$ again to finish facing back wall.
Section $5 \quad$ Cross Touch \& Kick, Right Back Shuffle, Cross Touch \& Kick, Left Back Shuffle.
1-2 Touch right foot across left. Kick right foot forward.
3 \& 4 Shuffle back stepping right, left, right.
5-6 Touch left foot across right. Kick left foot forward.
7 \& 8 Shuffle back stepping left, right, left.
Section 6 Slow Extended Right Lock Step Forward
1-2 Step right forward. Slide left forward and lock behind right
3-4 Step right forward. Slide left forward and lock behind right
5-6 Step right forward. Slide left forward and lock behind right
7-8 Step right forward. Slide left forward and lock behind right
Styling option : Circle right hand above head, lasso fashion, \& push hips forward on each slide step.

## Section $7 \quad$ Repeat Section 5

1-8 Dance Section 5 again.

## Section $8 \quad$ Back Rock, Step $1 / 2$ Pivot Turn Left x 2, Stomp, Stomp

1-2 Rock right back. Recover onto left.
3-4 Step right forward. Pivot $1 / 2$ turn left.
5-6 Step right forward. Pivot $1 / 2$ turn left.
7-8 Stomp right beside left. Stomp left beside right taking weight on left.

