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Focus On Me

IMPROVER

32 Count 4 Walls
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Intro: 16 counts STEP BACK, HOOK, STEP, TOUCH BACK, 1/2 TURN HITCH, STEP, SHUFFLE, MAMBO STEP Sect - 1 1 & 2 Step R back, hook L over R, step L forward 3 & 4 Touch R toe back, turn 1 / 2 to the right hitching R knee forward, step R forward (6:00) 5 & 6 Step L forward, step R next to L, step L forward 7 & 8 Rock R forward, recover to L, step R back Sect - 2 STEP BACK, TWIST, HITCH, CROSS, SIDE ROCK, CROSS, TOGETHER, SWIVEL HEELS & **TOES** Step L back, twist both heels to the right while turning your body 1 / 2 to the left (12:00) 1 - 2 Twist both feet back in place turning your body back 1 / 2 to the right, hitch L forward, cross L over R 3 & 4 (6:00)5 & 6 Rock R to the right, recover to L, cross R over L 7 & 8 Step L next to R, swivel both heels to the left, swivel both toes to the left Sect - 3 DIAGONALLY STEPS (EXPLAINED BELOW): X8: SIDE, TOUCH 1 & Step R diagonally forward to the right, touch L next to R 2 & Step L diagonally forward to the left, touch R next to L 3 & Step R diagonally forward to the right, step L next to R Repeat steps from count: 1 & 4 & 5 & Step L diagonally forward to the left, touch R next to L 6 & Step R diagonally forward to the right, touch L next to R Step L diagonally forward to the left, step R next to L 7 & Repeat steps from count: 5 & 8 & Sect - 4 CHASSE 1 / 4 TURN, 1 / 2 TURN, HOP 1 / 4 TURN X2, KICK, BALL, POINT, BALL, POINT, FLICK, **POINT** 1 & 2 Step R to the right, step L next to R, 1 / 4 turn step to the right (9:00) Turn 1 / 2 to the right stepping L back, turn 1 / 4 to the right hopping with both feet, repeat last step 3 & 4 (9:00)5 & 6 Kick R forward, ball step R next to L, point L to the left & 7 Ball step L next to R, point R to the right

- Restart -

& 8

Tag occurs after walls: 6 and 8

TAG	SIDE STEP X2, PUSH HANDS
1 - 2	Step R to the right, step L to the left
& 3	Bring up both hands close to your chest, push both hands forward
& 4	Bring back hands to your chest, push forward again

Flick R behind L and touch with left hand, point R to the right

Ending After pointing R to the right, just turn 1 / 2 to the right stepping R slightly forward

Have fun!