

Be Myself Again

48 Count, 4 Wall, Advanced

Choreographer: Jeff McQuarrie (UK) Nov 2015

Choreographed to: Be Myself Again by Eric Benet

Sec.1**(1-8)**

&1&2

3-4&5

&6

7-8

Out, Out, & Cross, Side, Sailor Turn w Heel, & Step, Full Turn,

(Quickly) Step R out to R side, Step L out to L side, Step R next to L & step L over R

Step R to side, Stepping L behind R, (Quickly) Step R to side, Touch L heel forward

(Quickly) Step L back Step R across left

Turn 1/2 left stepping L back, turn 1/2 left stepping R fwd

Sec. 2**(9-16)**

1,2

&3&4

&5,6

7&8

Step, Touch, Fwd Points (x2), Kick, Sailor

Step L touch R

(Quickly) Step back R, touch left toe fwd. Step back L, touch right toe fwd.

(Quickly) Step Back on R, kick L forward & to the side

Sailor LRL

Sec. 3**(17-24)**

1&2

3&4

&5&6

&7-8

Sailor, Syncopated Weave (small steps!), & Point, Hold

(Quickly) Sailor RLR

(Quickly) L behind right, Cross L over R behind

(Quickly) Switch R over L behind, Switch L over R behind

(Quickly) Step back on R, L toe point, hold

Sec. 4**(25- 32)**

&1-2

&3&4

5-6

7-8&1

& Cross, Hold, Crossing Shuffle, Side-Rock, Recover 1/4 Turn, 1/2 Turn, Full Turn Triple

(Quickly) Step back on L, Cross R over, Hold

(Quickly) Step onto L (Again), step R across L. Step onto L (One more time), step R across L

Rock L to the side, recover, 3/4 turn

Place left foot down, Full turn with triple step RLR (Very fast)

Sec. 5**(33- 40)**

2

3&4

5-6

7&8

Point, Kick & Ball-Point, Cross, Side, 1/4 Turn, Sailor

Point L to L side

Kick L forward, & point R to R side

Cross over R, 1/4 turn to R stepping L back

Sailor RLR

Sec. 6**(41-48)**

1-2&

3-4&

5-6

7-8

Dorothy Steps, Pivot 1/2 , 1/2 Turn, Touch

Step L to fwd L diagonal, step R behind, (Quickly) Step L to side and slightly fwd

Step R to fwd R diagonal, step L behind, (Quickly) Step R to side and slightly fwd

Step L forward Pivot 1/2 Turn Clockwise

Turn 1/2 right and step L back, touch R next to L

Begin Again. No Restarts or Tags.