

Dock Of The Bay

64 Count, 4 Wall, Improver

Choreographer: Rachael McEnaney-White (USA) Oct 2015

Choreographed to: Sittin' On The Dock Of The Bay by
Nils Landgren & Joe Sample.

Album: Creole Love Call (Approx 4.33mins, 100bpm)

Notes: Thank you to Louis St George for suggesting this track !

- 1 - 8 Skate R, skate L, R diagonal shuffle, skate L, skate R, L diagonal shuffle**
1 2 3 & 4 Skate R to right diagonal (1), skate L to left diagonal (2), step R to right diagonal (3),
step L next to R (&), step R to right diagonal (4) 12.00
5 6 7 & 8 Skate L to left diagonal (5), skate R to right diagonal (6), step L to left diagonal (7),
step R next to L (&), step L to left diagonal (8) 12.00
- 9 - 16 R cross rock, R chasse, L cross, R side, L behind, 1/4 turn R**
1 2 3 & 4 Cross rock R over L (1), recover weight L (2), step R to right side (3), step L next to R (&),
step R to right side (4) 12.00
5 6 7 8 Cross L over R (5), step R to right side (6), cross L behind R (7), make 1/4 turn right stepping
forward R (8) 3.00
- 17 - 24 L fwd shuffle, R fwd rock, 1/2 turn R doing R shuffle, 1/2 turn R doing L shuffle**
1 & 2 3 4 Step forward L (1), step R next to L (&), step forward L (2), rock forward R (3),
recover weight L (4) 3.00
5 & 6 Make 1/2 turn right stepping forward R (5), step L next to R (&), step forward R (6) 9.00
7 & 8 Make 1/2 turn right stepping back L (7), step R next to L (&), step back L (8)
(Easy option counts 5-8: R shuffle back, L shuffle back) 3.00
- 25 - 32 Walk back R-L, R back toe strut, L back rock, L fwd, 1/4 pivot R**
1 2 3 4 Step back R (1), step back L (2), touch R toe back (3), drop R heel to floor (4)
(Styling: Don't accent the toe strut, keep a groove going...also as you step back R take
R shoulder back and same for L etc) 3.00
5 6 7 8 Rock back L (5), recover weight R (6), step forward L (7), pivot 1/4 turn right (8) 6.00
- 33 - 40 L cross toe strut with hip bumps, R side toe strut with hip bumps, L cross, R side, L sailor**
1 & 2 Touch ball of L across R as you bump hips left (1), bump hips right (&), drop L heel to floor
as you bump hips left (2) 6.00
3 & 4 Touch ball of R to right side as you bump hips right (3), bump hips left (&), drop R heel to
floor as you bump hips right (4) 6.00
5 6 7 & 8 Cross L over R (5), step R to right side (6), cross L behind R (7), step R next to L (&),
step L to left side (8) 6.00
- 41 - 48 R cross toe strut with hip bumps, L side toe strut with hip bumps, R cross, L side,
R sailor with 1/4 turn R**
1 & 2 Touch ball of R across L as you bump hips right (1), bump hips left (&), drop R heel to floor
as you bump hips right (2) 6.00
3 & 4 Touch ball of L to left side as you bump hips left (3), bump hips right (&), drop L heel to floor
as you bump hips left (4) 6.00
5 6 7 & 8 ^a Cross R over L (5), step L to left side (6), cross R behind L (7), make 1/4 turn right stepping
L next to R (&), step forward R (8) 9.00
- 49 - 56 Diagonal step touches, R rock fwd, R coaster step**
& 1 2 Step diagonally forward L (&), touch R next to L (1), hold (2) 9.00
& 3 & 4 Step diagonally forward R (&), touch L next to R (3), step diagonally forward L (&),
touch R next to L (4) 9.00
5 6 7 & 8 Rock forward R (5), recover weight L (6), step back R (7), step L next to R (&),
step forward R (8) 9.00
- 57 - 64 L jazz box with 1/4 turn L, L jazz box with 1/4 turn L triple step (chasse)**
1 2 3 4 Cross L over R (1), step back R (2), make 1/4 turn L stepping L to left side (3),
step forward R (4) 6.00
5 6 7 & 8 Cross L over R (5), step back R (6), make 1/4 turn L stepping L to left side (and slightly forward) (7),
step R next to L (&), step L to left side (and slightly forward) (8) 3.00

**START AGAIN
HAPPY DANCING!**
