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**Jumpin Up** 32 Count, 4 Wall, Beginner Choreographer: Ole Jacobson (DE) Aug 2015 Choreographed to: Jumpin Up by Sushy

# **Jump Style**

## Note:

Each count is bound jump so. A foot executes the moves. Is on the other foot jump at each clock (slightly springy)

# Begin with the Lyrics!

1&2 &3,4 5&6 &7,8	Cross-heel, together, heel Touch RHeel crossed RFver LF step right beside LF - LHeel crossed in front RF (Touch) Step LF beside RF - RHeel 2x crossed over LF (Touch) Touch LHeel crossed over RF - step LF beside RF - RHeel crossed over LF (Touch) Step RF beside LF - LHeel 2 times crossed in front RF (Touch)
1,2 3,4 5	Heel, heel, toe toe (Hardjump) Step LF beside RF slightly tilt and slightly bent stretch forward so that the heel touches the floor (2x) Jump while on LF slightly forward Jump RF slightly tilt and slightly bent backwards to stretch so that the foot touches the ground (2x) while on LF slightly backwards Jump RF slightly tilt and slightly bent stretch forward so that the heel touches the ground while on LF slightly forward
6 7,8	RF slightly tilt and slightly bent backwards to stretch so that the foot touches the ground while jumping on LF slightly backwards Repeat Counts 5.6 this section
1 2 3 4 5-8	Heel, Flick (Running Man) RF slightly tilt and slightly bent stretch forward so that the heel touches the ground Step right under the body, LF slightly backwards bend LF slightly bent and slightly bent stretch forward so that the heel touches the ground LF under body, RF slightly backwards bend Repeat Counts 1-4 this section
1,2 3,4 5,6 7,8	Jazz box 1/4 turn R (can be gejumpt) Cross RF over LF - 1/4 R-rotation and LF step backwards Step RF to R - Settle LF beside RF Cross RF over LF - step LF back Step R to R Settle LF beside RF

# .. And from the beginning