STEPPIN'OFF



HEPage



Approved by:



The Word

4 WALL – 32 COUNTS – ADVANCED			
STEPS	Actual Footwork	CALLING SUGGESTION	DIRECTION
Section 1 1 2 & 3 4 & 5 6 & 7 8 & 1	Walk Walk, Touch, Side, Behind & Cross Rock & Cross, 1/4 Turn, 1/4 Turn, Rock Walk forward left. Walk forward right. Touch left beside right. Step left to side. Cross right behind left. Step left to side. Cross rock right over left. Recover onto left. Step right to side. Cross left over right. Turn 1/4 left stepping right back. Turn 1/4 left stepping left to side. Cross rock right over left. (6:00)	Walk Walk Touch Side Behind Side Rock Recover & Cross Quarter Quarter Rock	Forward Left Right Turning left On the spot
Section 2 2 & 3 4 & 5 6 - 7 8 & 1	Recover & Cross, Back, 1/2 Turn, Full Spiral, Step, 1/2 Turn Sweep, Behind & Cross Recover onto left. Step right to side. Cross left over right. Step right back. Turn 1/2 left stepping left forward. (12:00) Turn full spiral turn left stepping right forward. Step left forward. Turn 1/2 left stepping right back and sweeping left out to side. Cross left behind right. Step right to side. Cross left over right. (6:00)	Recover & Cross Back Half Spiral Step Half Behind & Cross	Right Turning left Right
Section 3 2 & 3 Restart 4 & 5 6 - 7 8 & 1	(5/8 Circular Right) Cross Side Behind, Behind Side Step, Press, Run Back x 3 Turn 1/8 right crossing right over left. Turn 1/8 right stepping left to side. (9:00) Turn 1/8 right stepping right back. (10:30) Walls 4 and 8: Point left to left side then Restart the dance (facing 9:00). Step left back. Turn 1/8 right stepping right to side. Turn 1/8 right stepping left forward. Press forward on right. Recover onto left, dragging right towards left. (1:30) Run backwards - right, left, right.	Turn Turn Turn Back Turn Turn Press Recover Run Run Run	Turning right On the spot Back
Section 4 2 & 3 4 & 5 6 & 7 & 8 &	1/2 Turn, Step 1/2 Turn, Lock Step, (3/8 Circular Left) Cross, Back Back, Side, Step Turn 1/2 left stepping left forward. Step right forward. Turn 1/2 left stepping left forward. Step right forward. Lock left behind right. Step right forward. (1:30) Turn 1/8 left stepping left over right. Step right to side. Turn 1/8 left stepping left back. Step right back. (10:30) Turn 1/8 left stepping left to side. Step right forward. (9:00)	Half Step Half Right Lock Right Turn Side Turn Back Turn &	Turning left Forward Turning left
Tag 1 1 – 2 & 3 4	End of Wall 1 (9:00): Step, Forward Rock, 1/2 Turn, 1/2 Turn Sweep Step left forward. Rock forward on right. Recover onto left. Turn 1/2 right stepping right forward. Turn 1/2 right on right, sweeping left out to side and touch beside right.	Step Rock Forward Half Half	Forward Turning right
Tag 2 1 – 4 5 – 6 & 7 – 8	End of Wall 7 (3:00): Tag 1 + Step, Step Pivot 1/2, Step, 1/2 Turn Sweep Do counts 1 - 4 of Tag 1. Step left forward. Step right forward. Pivot 1/2 turn left. Step right forward. Turn 1/2 right on right sweeping left and touch beside right.	Step Step Pivot Step Half	Turning right Turning left

Choreographed by: Neville Fitzgerald & Julie Harrise (UK) June 2015

Choreographed to: 'The Words' by Christina Perri from CD Hand Or Heart; download available from amazon or iTunes (16 count intro)

Tags/Restarts: Two Tags (4-count after Wall 1, 8-count after Wall 7)

Two Restarts, both after count 19, during Walls 4 and 8



A video clip of this dance is available at www.linedancerweb.com