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144 Count, 0 Wall, Intermediate

Choreographer: Melvin Tan (MY) Aug 2015 Choreographed to: Jump In by A-mei (Chang Hui Mei)

Jump In

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Dance Start from 16 counts

Sequence: Intro, A, B, Tag, A, B, Ending

Intro / Tag / Ending (16 counts)

Section 1: Side Rock Recover, Hold x2

1234 Step RF to R, Recover on LF, Step RF next to LF, Hold Step LF to L, Recover on RF, Step LF next to RF, Hold 5678

Section 2: Step Forward, Pivot 1/2 Turn, Step Forward, Pivot 1/2 Turn

1234 Step RF Forward, Hold, Pivot 1/2L Turn, Hold 5678 Step RF Forward, Hold, Pivot 1/2L Turn, Hold

PART A (96 counts)

Section A1: Step Touch x2, Cross Shuffle x2

Step RF forward, Touch LF to L, Step LF forward, Touch RF to R, 1234 5&6 7&8 Cross RF over LF shuffle (R,L,R), Cross LF over RF shuffle (L,R.L)

Section A2: Step RF to R, Knee Pop, 1/4R Turn, Step RF Back, Heel Switches 1234 Step RF to R, Pop Right Knee in, slightly 1/4R Turn, Step RF Back R Heel Tap Forward, Quick Change (&), L Heel Tap Forward, 5&6

&7&8& Quick Change (&), R Heel Forward, Quick Change (&), L Heel Forward, Quick Change (&)

Section A3: Step RF Forward, 1/4L Turn, Hold, Stomp 1234 Step RF Forward, 1/4L Turn, Hold 3.4

5678 Stomp on RF, LF, RF, LF

Section A4: Touch RF Forward Hip Roll Twist, 1/2 Turn, Step together

Touch RF Forward Hip roll Clock wise twice 1234

5678 Strictly 1/2L Turn Step RF Forward, Pivot 1/2L Turn, Step RF Forward, Step LF Together

Section A5: Heel Split, Stomp, Stomp x2

Both heel Split Out, In, Out, Step LF on Ball, Step RF together 1 2 3 & 4 Both heel Split Out, In, Out, Step LF on Ball, Step RF together 567&8

Section A6: Heel Split, Stomp, Stomp, Step Back on LF, RF, LF, Head Turn 1 2 3 & 4 Both heel Split Out, In, Out, Step LF on Ball, Step RF together

56 Step Back on LF with sit pose (weight on LF), Step back on RF with sit pose (weight on RF)

7 &8 Step Back on LF with sit pose (weight on LF), Head Turn to Left & Middle

Section A7: Forward Lock Step

1234 Step RF Forward, Lock LF Behind, Step RF Forward, Lock LF Behind Step RF Forward, Lock LF Behind, Step RF Forward, Lock LF Behind 5678

Step, Hold, Touch Forward Hip Bump, Back Touch 2x Section A8: 1234 Step LF to Left, Hold, Touch RF Forward hip bump, Step on RF

5678 Step LF Back, Touch RF beside LF, Step RF Back, Touch LF beside RF

Section A9: Jump, Jump, ¼ Turn Step Touch, ½ Turn Step Touch, Chest Pop 1234 Hop to right, Hop to left, Step RF to R, 1/4L Touch LF beside RF 5678 1/2R Turn step LF to L, Touch RF beside LF, Popping chest twice

Section A10: Step with bend knee, Body Up, Hip Roll, Sway, Hip Bump, Jump Apart

Step RF to R with bend both knee, Body up, Right Hip roll twice, 1234

5678 Sway Hip to right, Bump Hip to Left twice, Jump Apart.

Section A11: Jump, Jump, Tap, Tap, Stomp

1234 Hop to right, Hop to Left, Tap LF to left twice,

Stomp RF, LF, RF, RF 5678

Section A12: Jump Open, Jump Together, Walk, Walk, Step RF to R, Hold

Bend both knee, Jump apart (both foot together), Forward walk RF, LF,

5 6 7 8 Step RF to R, Hold 3 counts

PART B (32 counts)

SectionB1: Step, Jump, Back, Back, Step, Jump, Side Touch & Touch

1 2 3 4 Step RF next to LF, Hop, Walk back LF, RF,

5 6 7 &8 Step LF next to RF, Hop, Touch RF to R, Step RF beside LF, Touch LF to L

Section 2B: Step, Jump, Forward Walk, Step Together, Step to side, Sway, Hold

1 2 3 4 Step LF next to RF, Hop, forward walk RF, LF,

&5 6 7 8 Step RF next to LF, Step LF to L with Sway hip to Left, Right, Left, Hold(8)

Section B3: Repeat Sec B1

Section B4: Repeat Sec B2

~ Enjoy! ~

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