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Blue Ridge Mountains

32 Count, 4 Wall, Improver

Choreographer: Marie Sørensen (Sunshine Cowgirl)
(Denmark) July 2012

Choreographed to: Blue Ridge Mountains Blues
by Black Hills Country Band

Intro: 32 Counts

Side, Behind, Ball Step, Side, Rock, Recover, ¼ Turn Shuffle

- 1-2 Step Right to Right side, cross Left behind Right
&3-4 Step Right to Right side, cross Left in front of Right, step Right to Right side
5-6 Rock Left in front of Right, recover
7&8 ¼ turn Left, step fwd. Left, step Right beside Left, step fwd. Left (09:00)

Shuffle, Rock, Recover, Coaster Step, Step, Stomp

- 1&2 Step fwd. Right, step Left beside Right, step fwd. Right
3-4 Rock fwd. Left, recover
5&6 Step back on Left, step Right beside Left, step fwd. Left
7-8 Step fwd. Right, stomp Left (09:00)

Stomp, Kick, Behind, Side, Cross, Stomp, Kick, Behind, Side, Cross

- 1-2 Stomp Left, Kick Left fwd.
3&4 Cross Left behind Right, step Right to Right side, cross Left in front of Right
5-6 Stomp Right, kick Right fwd.
7&8 Cross Right behind Left, step Left to Left side, cross Right in front of Left (09:00)

Chasse, Rock, Recover, Kick Ball Step Twice

- 1&2 Step Left to Left side, step Right beside Left, step Left to Left side
3-4 Back rock Right, recover
5&6 Kick Right fwd. step Right in place, step fwd. Left
7&8 Kick Right fwd. step Right in place, step fwd. Left (09:00)

Have Fun!

Music download available from iTunes

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