Web site: www.linedancerweb.com

Pattern A, B, C, C, A, B, C, C, A, C, C, Tag, B

## PART A: 32 counts

A 1-8 Syncopated Heel Taps with Kick into Sailor Step (Both R \& L Sides)
1-2 Tap R Heel out to the R. Kick R Foot out to the R
3 \& 4 Sailor Step ( $R$ behind L) Weight ends on the $R$
5-6 Tap L Heel out to the L. Kick L Foot out to the L
7 \& 8 Sailor Step (L behind R) Weight Ends on Right

## A 9-16 Repeat Steps 1-8

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A 17-24 Syncopated forward walking steps with kick, syncopated backward walking steps
    ending with Coaster step
1-2 Walk forward starting with R. Step Forward L
3-4 Step Forward R. Kick L Forward
5-6 Walking backward -Step L. Step Back R
7 & 8 Left Coaster Step (Step Back L, Step Forward R, Step Forward L) Weight Ends on L
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## A 25-32 Kick Forward, Step Back, Quarter Twist, Face Front

1-2 Kick Forward R. Step Back R
3 (with $L$ foot in front of R) twist body $1 / 4 \mathrm{R}$
4 twist body $1 / 4 \mathrm{~L}$ back to Front Wall
5 (with weight on R) Kick Forward L
6 Step Back L
7 (with R foot in front of L) twist body $1 / 4 \mathrm{~L}$
8 twist body $1 / 4 R$ back to Front Wall
PART B: 32 counts
33-40 Steps with Knee Lifts with Quarter Turning Swivels/Twists ( 4 Walls)
1 Big Step Forward Right
2 Step Forward L and Lift R Knee
\& Step down w/ R
3 Step Forward $L$ and Lift R Knee
\& Step down w/ R
4 Step Forward $L$ and Lift R Knee
5-6 Step Back R. Step Back L
7 \& 82 Syncopated Twists Turning 1/4 L to Face Left Wall (Weight Ends on L)
41-64 Repeat 1-8 on each wall until you return to front wall
PART C: 32 Counts (Chorus of Song)
65-80 Grapevines to the Right and Left
1-4 Syncopated Grapevine R
5-8 Syncopated Grapevine L
9-16 Repeat (1-8)
81-88 Up and Down Motion with hands in stylized compression motion
1-8 Motion matches lyrics of the song "go up-down-up-down-up-down"
89-96 "Shake it Fast"Step Right and hips roll from left to right slowly, twist R \& L
1 Big Step to Right Starting slow hip Roll from L to R
2-4 Hips Slowly Roll from Left to Right
5\&6 Heels and Hips twist L-R-L
7\&8 Heels and Hips twist R-L-R
TAG 16 Counts
On the 4th Rotation of PART C do the "up-down-up-down" motion for $3 \times 8$ Counts instead of 1

