

Web site: www.linedancerweb.com

E-mail: admin@linedancerweb.com

Sangria Lite

64 Count, 2 Wall, Improver Choreographer: Lisa McCammon (US) May 2015 Choreographed to: Sangria by Blake Shelton, CD: Bringing Back The Sunshine, (116 BPM)

Sequence: 64, 24 (R), 64, 24 (R), 64, 24 (R), 64, 64*;

#32 count intro - start with weight on L (all Restarts occur at 12:00)

NOTE TO INSTRUCTORS: There are only three common triple step combinations in the entire dance, but I've included straight count options with holds. These steps should be familiar to improver dancers, and the restarts are easy to hear.

[1-8] 1-4 5-8	BUMP R, R, L, L, BASIC R, TOUCH L Stepping slightly to right, bump hips R twice, bump hips L twice Step R to side, step L next to R, step R to side, touch L home
[9-16] 1-4 5-8	BUMP L, L, R, R, SIDE L, BASIC L, TOUCH R Stepping slightly to left, bump hips L twice, bump hips R twice Step L to side, step R next to L, step L to side, touch R home
[17-24] 1-4 5-8 ***Restarts oc	STEP, TOUCHES IN PLACE TURNING LEFT ½ TOTAL Step R to side, touch L home, turn left ¼ [9] stepping L, touch R home Step R to side, touch L home, turn left ¼ [6] stepping L, touch R home cur here during the 2nd, 4th, and 6th repetitions; you will be facing front wall
[25-32] 1-4 5-8	RUMBA BOX Step R to side, step L next to R, step R forward, draw L toward R Step L to side, step R next to L, step L back, draw R toward L
[33-40] 1-4 5-6	RUMBA BOX Step R to side, step L next to R, step back R, draw L toward R Step side L, step R next to L, step forward L, draw R toward L
[41-48] 1-2 3&4 (beginner opti 5-8	ROCK FORWARD, RECOVER, CHASSE RIGHT ¼, WEAVE RIGHT Rock R forward, recover L Turn right ¼ [9] stepping side R, step L next to R, step R to side on 3-4: turn right ¼ [9] stepping side R, HOLD) Cross step L over R, step R to side, step L behind R, step R to side
[49-56] 1-2 3&4 (beginner opti 5-8	CROSS ROCK, RECOVER, CHASSE LEFT ¼, ROCKING CHAIR Cross rock L over R, recover R Step L to side, step R next to L, turn left ¼ [6] stepping forward L on 3-4: turn left ¼ [6] stepping forward L, HOLD) Rock forward R, recover L, rock back R, recover L
[57-64] 1-4 5-6 7&8 (beginner opti	FORWARD ROCK, RECOVER, BACK, SWEEP, BEHIND, SIDE, CROSS-&-CROSS Rock forward R, recover L, step back R, sweep L front to back Step L behind, step R to side Cross step L over R, step R to side, cross step L over R on 7-8: cross step L over R, HOLD)

*Ending: there's a strongish single beat after the last set of 64. You're at the front wall and have just done your cross-&-cross in the last set. You can either step R to side on that beat for a big finish, or you can continue through the first 16 counts of the dance as the music fades.