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Bang Dem Sticks

32 Count, 4 Wall, Improver
Choreographer: K. Sholes (USA) May 2015
Choreographed to: Bang Dem Sticks by Meghan Trainor

Start dancing on lyrics

WALK X4, MONTEREY SPIN

1-4 Step right forward, step left forward, step right forward, step left forward
5-8 Touch right side, turn ½ right and step right together, touch left side, step left together (6:00)

WALK X4, MONTEREY SPIN

1-4 Step right forward, step left forward, step right forward, step left forward
5-8 Touch right side, turn ½ right and step right together, touch left side, step left together (12:00)

STOMP, FAN X3, STOMP, FAN X3

1-4 Stomp right forward, swivel right toe out, swivel right toe in, swivel right toe out
5-8 Stomp left forward, swivel left toe out, swivel left toe in, swivel left toe out

(¼ TURN PADDLEWHEEL, STEP & CLAP) x 2

1& Touch right forward, turn 1/8 left (weight to left) (10:30)
2& Touch right forward, turn 1/8 left (weight to left) (9:00)
3&4 Step right forward, clap, clap
5& Touch left forward, turn ¼ right (weight to right) (12:00)
6& Touch left forward, turn ¼ right (weight to right) (3:00)
7&8 Step left forward, clap, clap