

## Mama Is Proud

32 Count, 4 Wall, Intermediate

Choreographer: Brock Southern (AU) Sobrielo Philip Gene (Soul  
Dancer) (SG) May 2015

Choreographed to: Mama Ain't Proud by Guy Sebastian, ft. 2 Chainz

### Start on Vocals

#### **WALK, WALK, FORWARD MAMBO, WALK BACK WALK BACK, COASTER**

- 1-2 Walk forward right (1), walk forward left (2)
- 3&4 Rock right forward (3), recover weight onto left (&), step right beside left (4)
- 5-6 Walk back left (5), walk back right (6)
- 7&8 Step left back (7), step right beside left (&), step left forward (8) (12:00)

#### **CROSS SIDE, BEHIND SIDE CROSS, TAP TAP STEP, CROSS ROCK 1/4**

- 1-2 Cross right over left (1), step left to left (2)
- 3&4 Cross right behind left (3), step left to left (&), cross right over left (4)
- 5&6 Tap left slightly to left (5), tap left slightly to left (&), step left slightly to left (6)
- 7&8 Cross Rock right over left (7), recover weight onto left (&), making 1/4 right step right forward(8) (3:00)

#### **SIDE ROCK, FORWARD ROCK, SIDE ROCK, BACK ROCK, SIDE ROCK CROSS**

- 1-2 Rock left to left (1), recover onto right (2) (slow counts)
- 3& Rock left forward over right (3), recover weight onto right (&) (quick counts)
- 4& Rock left to left (4), recover weight onto right (&) (quick counts)
- 5-6 Rock left back while lifting right slight up (5), step right down (6)(slow counts)
- 7&8 Rock left to left (7), recover onto right (&), cross left over right (8) (3:00)

#### **SIDE CROSS, SNAP, POINT TOUCH POINT, SAILOR 1/4, 1/4 SIDE ROCK FORWARD**

- &1-2 Step right slightly to right (&), cross left over right (1), snap right finger to right side (2)
- 3&4 Point right to right (3), touch right beside left (&), point right to right (4)
- 5&6 Step right back (5), making 1/4 right step left forward (&), step right slightly to right (6) (6:00)
- 7&8 Step left forward (7), turn 1/4 right (&)(weight on right)(&), step left in front of right(8) (9:00)

#### **Tags: After wall 3 and wall 6 do this 4 counts tag (Also known as 'V' step)**

- 1-4 Step right to right forward (1), step left forward to left (2), step right back to center (3), step left beside right (4)

**Ending: After wall 10 you will be facing 6:00 do the last step of dance with an unwind to the front wall.**

#### **\*\* Note:**

**Brock Southern is a 9 year old kid from Sydney Australia whom I met at David Hoyn's event. He is David's son and he is a Fantastic dancer. I really enjoyed doing this dance with him.**