



STEPPIN'OFF

Approved by:

THEPage

Always On My Mind Lin Hrags

2 WALL – 64 COUNTS – INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 4 & 5 - 6 7 & 8	Walk Walk, Forward Rock, Ball Touch Back, Reverse Pivot 1/2, Pivot 1/2, Step Walk forward right. Walk forward left. Rock forward on right. Recover onto left. Step right back. Touch left back. Unwind 1/2 turn left stepping down on left. Step right forward. Pivot 1/2 turn left. Step right forward. (12:00)	Walk Walk Rock Forward & Touch Unwind Step Pivot Step	Forward Turning left
Section 2 1 – 4 & 5 – 6 7 – 8	Walk Walk, Forward Rock, Ball Touch Back, Reverse Pivot 1/4, Cross, Side Walk forward left. Walk forward right. Rock forward on left. Recover onto right. Step left back. Touch right back. Unwind 1/4 turn right stepping down on right. Cross left over right. Step right to side. (3:00)	Walk Walk Rock Forward & Touch Unwind Cross Side	Forward Turning right Right
Section 3 1 & 2 3 & 4 5 - 6 7 & 8	Left Sailor Step, 1/4 Turn Sailor Step, Cross, 1/4 Turn, Shuffle 1/2 Turn Cross left behind right. Step right to side. Step left to side. Turning 1/4 right cross right behind left. Step left to side. Step right to side. (6:00) Cross left over right. Turning 1/4 left step right back. (3:00) Shuffle step 1/2 turn left, stepping - left, right, left. (9:00)	Left Sailor Quarter Sailor Cross Quarter Shuffle Half	On the spot Turning right Turning left
Section 4 1 – 4 5 & 6 7 – 8	Step Pivot 1/4, Behind Side Cross, Side, Touch Step right forward. Pivot 1/4 turn left. Cross right over left. Step left to side. (6:00) Cross right behind left. Step left to side. Cross right over left. Step left to side. Touch right beside left.	Step Pivot Cross Side Behind Side Cross Side Touch	Turning left Left
Section 5 & 1 – 2 3 & 4 5 – 6 7 & 8	Ball Cross, 1/4 Turn, 1/4 Turn Chasse, Cross Rock, Chasse Step right back. Cross left over right. Turning 1/4 left step right back. (3:00) Turning 1/4 left step left to side. Close right beside left. Step left to side. (12:00) Cross rock right over left. Recover onto left. Step right to side. Close left beside right. Step right to side.	& Cross Quarter Quarter Chasse Cross Rock Chasse Right	Turning left On the spot Right
Section 6 1 - 2 3 - 4 5 - 6 7 & 8	Weave With 1/4 Turn, Step Pivot 1/2, Forward Shuffle Cross left over right. Step right to side. Cross left behind right. Turning 1/4 right step right forward. (3:00) Step left forward. Pivot 1/2 turn right. (9:00) Step left forward. Close right beside left. Step left forward.	Cross Side Behind Quarter Step Pivot Left Shuffle	Right Turning right Forward
Section 7 1 - 2 3 & 4 5 - 6 & 7 & 8	Full Turn, Forward Shuffle, Forward Rock, Heel Steps Travelling Back Turning 1/2 left step right back. Turning 1/2 left step left forward. (9:00) Step right forward. Close left beside right. Step right forward. Rock forward on left. Recover onto right. Step left back. Touch right heel forward. Step right back. Touch left heel forward.	Full Turn Right Shuffle Rock Forward & Heel & Heel	Turning left Forward On the spot Back
Section 8 & 1 - 2 & 3 - 4 5 & 6 7 - 8	Back, Heel Hold, & Forward Rock, Coaster Step, Step Pivot 1/4 Step left back. Touch right heel forward. Hold. Step right beside left. Rock forward on left. Recover onto right. Step left back. Step right beside left. Step left forward. Step right forward. Pivot 1/4 turn left. (6:00)	& Heel Hold & Rock Forward Coaster Step Step Pivot	Back On the spot Turning left

Choreographed by: Alison Biggs and Peter Metelnick (UK) April 2015

Choreographed to: 'Always On My Mind' by Pet Shop Boys (125 bpm) from various CDs; download available from amazon or iTunes (64 count intro - start on vocals)



A video clip of this dance is available at www.linedancerweb.com