

Caledonia

Phrased, Intermediate, Waltz Choreographer: Nicola Lafferty (UK) April 2015 Choreographed to: Caledonia by Ward Thomas, Album: From Where We Stand

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Intro: 12 Count Intro

Note: Sequence of the dance is A A B B Tag A A B B B A A B to finish It sounds complicated – but A is the verse and B is the Chorus ©

Part A (Verse - 27 Counts):

1-6 Syncopated Weave, Cross Check

- 1& Cross LF over RF, Step RF to R side
- 2,3 Cross LF behind RF, Step RF to R side
- 4,5,6 Cross rock LF over RF, Recover weight to RF, Step LF to L side

7-12 Twinkle with ¹/₂ Turn, Cross Unwind, Sweep

- 1,2,3 Cross RF over LF, make a ¼ turn to R stepping LF back, make ¼ turn to R stepping RF to R side (6.0)
- 4,5,6 Cross LF over RF, Unwind a full turn to R (keeping weight on LF), Sweep RF round from front to back

13-18 Step Back, Side Rock Recover, Step Back Point and Hold

- 1,2,3 Step RF back, Rock LF to L side, recover weight to RF
- 4,5,6 Step LF back, Point RF to R side, Hold

19-24 Full turn travelling fwd, Step fwd, Step ½ Pivot Left

- 1,2,3 Step RF fwd, make 1/2 turn R stepping LF back, make 1/2 turn R stepping RF fwd
- 4,5,6 Step LF fwd, Step RF fwd, ½ pivot turn L transferring weight to LF (face 12.00)

25-27 Slow ¹/₂ Turn to Right

1,2,3 Making ½ turn over your R shoulder, slowly transfer the weight from L to R

Part B (Chorus - 24 Counts):

- 1-6 Left Box into a Side Chasse
- 1,2,3 Step LF fwd, Step RF to R side, Close LF to RF
- 4,5&6 Step RF back, Step LF to L side, Close RF to LF, Step LF to L side

7-12 Right Box into a Side Chasse

- 1,2,3 Step RF fwd, Step LF to L side, Close RF to LF
- 4,5&6 Step LF back, Step RF to R side, Close LF to RF, Step RF to R side

13-18 Twinkle, Lock step with ¹/₂ Turn Right

- 1,2,3 Cross LF over RF, Step RF to R side, Step LF to L diagonal
- 4,5&6 Step RF fwd, making ½ turn over R shoulder, Step LF back, Lock RF in front of LF, Step LF a small step back (face 6.00)

17-24 Basic Fwd, Step fwd, 1/2 Turn to Left, Hold

- 1,2,3 Walk Fwd RF, LF, RF
- 4,5,6 Step LF fwd, make 1/2 Turn to R closing RF to LF, Hold

Tag 6 Counts:

1-6 2 x Cross Checks

- 1,2,3 Cross rock LF over RF, recover weight to RF, Step LF to L side
- 4,5,6 Cross rock RF over LF, recover weight to LF, Step RF to R side