



**STEPPIN'OFF** 

Approved by:

Louise E

THEPage

## Blessed

4 WALL – 48 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Chasse, Cross Rock, Chasse 1/4 Turn, Forward Rock		
1 & 2	Step left to left side. Close right beside left. Step left to left side.	Side Close Side	Left
3 – 4	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
5&6	Step right to right side. Close left beside right. Turn 1/4 right stepping right forward.	Chasse Turn	Turning right
7 – 8	Rock forward on left. Recover onto right. (3:00)	Forward Rock	On the spot
Section 2	Shuffle 1/2 Turn, Step, Pivot 1/2, Forward Rock, Coaster Step		
1 & 2	Shuffle step 1/2 turn left, stepping - left, right, left.	Shuffle Turn	Turning left
3 – 4	Step right forward. Pivot 1/2 turn left (weight onto left). (3:00)	Step Pivot	
5 – 6	Rock forward on right. Recover onto left.	Forward Rock	On the spot
7 & 8	Step right back. Step left beside right. Step right forward.	Coaster Step	
Section 3	Sway x 4, Shuffle Back, Side, Together		
1 – 4	Sway sideways - left, right, left, right.	Sway Sway	On the spot
5&6	Step left back. Close right beside left. Step left back.	Shuffle Back	Back
7 – 8	Step right to right side. Step left beside right.	Side Together	Right
Section 4	Cross Shuffle, Back, 1/4 Turn, Forward Shuffle, Step, Pivot 1/2		
1&2	Cross right over left. Step left to left side. Cross right over left.	Cross Shuffle	Left
3 – 4	Step left back. Make 1/4 turn right stepping right forward. (6:00)	Back Turn	Turning right
5&6	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward
7 – 8	Step right forward. Pivot 1/2 turn left stepping left forward (weight on left). (12:00)	Step Pivot	Turning left
Section 5	Step, 1/4 Turn, Forward Mambo, Side, Cross, Coaster Step		
1 – 2	Step right forward. Pivot 1/4 turn left (weight on left). (9:00)	Step Turn	Turning left
3 & 4	Rock forward on right. Rock back on left. Step right back.	Mambo Forward	On the spot
5 – 6	Step left to left side. Cross right over left.	Side Cross	Left
7 & 8	Step left back. Step right beside left. Step left forward.	Coaster Step	On the spot
Section 6	Grapevine With Cross, Point, Touch, Coaster Step		
1 – 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 – 4	Step right to right side. Cross left over right.	Side Cross	-
5 – 6	Point right to right side. Touch right beside left.	Point Touch	On the spot
7 & 8	Step right back. Step left beside right. Step right forward.	Coaster Step	
Tag	End of Wall 3: Sway x 4		
1 – 4	Sway sideways - left, right, left, right.		

Choreographed by: Louise Elfvengren (SE) September 2010

**Choreographed to:** 'Blessed' by Elton John (102 bpm) from CD Made In England; also available as download from amazon.co.uk or iTunes (32 count intro)

There is one easy Tag, danced at the end of Wall 3



A video clip of this dance is available at www.linedancermagazine.com