STEPPIN'OFF



THEPage



Approved by:



One Fine Day

4 WALL – 64 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	Direction
Section 1 1 - 2 3 - 4 5 - 6 7 - 8	Side Touch With Clap x 2, Side Behind 1/4 Turn, Stomp Step right to side. Touch left beside right and clap. Step left to side. Touch right beside left and clap. Step right to side. Cross left behind right. Step right 1/4 turn right. Stomp left beside right (weight left). (3:00)	Side Touch Side Touch Side Behind Quarter Stomp	On the spot Right Turning right
Section 2 1 - 2 3 - 4 5 - 6 7 - 8	Side Touch With Clap x 2, Side Behind 1/4 Turn, Brush Step right to side. Touch left beside right and clap. Step left to side. Touch right beside left and clap. Step right to side. Cross left behind right. Step right 1/4 turn right. Brush left past right. (6:00)	Side Touch Side Touch Side Behind Quarter Brush	On the spot Right Turning right
Section 3 1 - 4 5 - 6 7 - 8 Option	Cross Back, Back Cross, Back 1/2 Turn, Step Pivot 1/2 Cross left over right. Step right back. Step left back. Cross right over left. Step left back. Turn 1/2 right stepping right forward. Step left forward. Pivot 1/2 turn right. (6:00) Counts 6 – 8: Rock back on right. Recover onto left. Step right forward.	Cross Back Back Cross Back Half Step Pivot	Back Turning right
Section 4 1 - 2 3 - 4 5 - 6 7 - 8	Left Toe Strut, Side Rock, Right Toe Strut, Side Rock Step left toe forward. Drop left heel taking weight. Rock right to side. Recover onto left. Step right toe forward. Drop right heel taking weight. Rock left to side. Recover onto right.	Left Strut Side Rock Right Strut Side Rock	Forward On the spot Forward On the spot
Section 5 1 - 2 3 - 4 5 - 6 7 - 8	Walk Around 1/2 Turn With Holds Step left forward. Hold. Turn 1/8 right stepping right forward. Hold. Turn 1/8 right stepping left forward. Hold. (9:00) Turn 1/4 right stepping right forward. Hold. (12:00)	Step Hold Turn Hold Turn Hold Quarter Hold	Forward Turning right
Section 6 1 - 2 3 - 4 5 - 6 7 - 8	Cross Rock, Side Rock, Behind Side Cross, Hold Cross rock left over right. Recover onto right. Rock left to left side. Recover onto right. Cross left behind right. Step right to side. Cross left over right. Hold. (12:00)	Cross Rock Side Rock Behind Side Cross Hold	On the spot Right
Section 7 1 - 2 3 - 4 5 - 6 7 - 8	Forward Rock, 1/2 Turn Hold, Forward Rock, 1/4 Turn Hold Rock forward on right. Recover onto left. Turn 1/2 right stepping right forward. Hold. (6:00) Rock forward on left. Recover onto right. Turn 1/4 left stepping left to side. Hold. (3:00)	Rock Forward Half Hold Rock Forward Quarter Hold	On the spot Turning right On the spot Turning left
Section 8 1 - 2 3 - 4 5 - 6 7 - 8 Option	Step Pivot 1/2, Step Hold, Full Turn, Step Hold Step right forward. Pivot 1/2 turn left. (9:00) Step right forward. Hold. Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward. Step left forward. Hold. (9:00) Counts 5 – 8: Run forward - left, right, left. Hold.	Step Pivot Step Hold Full Turn Step Hold	Turning left Forward Turning right Forward

Choreographed by: Dave Morgan (UK) February 2015

Choreographed to: 'One Fine Day' by Bette Midler from CD It's The Girls;

download available from amazon or iTunes

(32 count intro)

