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Bump Bump Bump

40 Count, 2 Wall, Improver Choreographer: Lynn Card (USA) Jan 2015 Choreographed to: Bump N Grind by Ronnie Beard

1-8 Step Right, Together, Step Right, Touch, Hip Bumps L, R, L R

- 1,2,3,4 Step R to right side, Step L next to R, Step R to right side, Touch L next to R
- 5,6,7,8 Step L slightly to left and bump L hip to left, Shift weigh to R as you bump R hip to right, Shift weight to L as you bump L hip to left, Shift weight to R as you bump R hip to right

(There is an alternate option on count 5 you can hitch your left, makes it easy to get into the bump, see walkthrough video)

9-16 Rocking Chair, ¼ Turn, Heel Touches

- 1,2,3,4 Rock R forward, Recover L at center, Rock R back, Recover L at center
- 5,6,7,8 Step R forward, Make ¼ turn to left as you touch L heel forward to left diagonal, Replace L next to R, Touch R heel forward to right diagonal

(Same alternate option as in the first set of 8 doing a left hitch on count 5, see walkthrough video)

17-24 Step and Pivot x4 Making Total ½ Turn to Left

- 1,2,3,4 Step R forward and pivot (about an 1/8 turn) to the left, Recover weight to L, Repeat
- 5,6,7,8 Step R forward and pivot (about and 1/8 turn) to the left, Recover weight to L, Repeat

25 - 32 Toe Heel Struts Pivoting Back and Forth 1/4 Turns (see video)

- 1,2 Touch R toe forward, Put L heel down with weight,
- 3,4 Turn body ¼ to left as you touch L toe forward, Put L heel down with weight
- 5,6 Turn body ¼ turn to right and touch R toe forward, Put R heel down with weight,
- 7,8 Turn body ¼ turn to left and touch L toe forward, Put L heel down with weight

33 - 40 Rocking Chair, ½ Pivot Turn, Step Together

- 1,2,3,4 Rock R forward, Recover L at center, Rock R back, Recover L at center
- 5,6,7,8 Step R forward, Pivot ½ turn to left recovering L forward, Step(stomp) R forward, Stomp L next to R (end with weight on left to start the dance over with right)

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