

Lenggang Kangkung

32 Count, 4 Wall, Beginner

Choreographer: Mei Rizal (Indonesia) Nov 2013

Choreographed to: Lenggang Kangkung by Harry & Lin
(Indonesian Folk Song)

Intro - 64 count

1 FORWARD SHUFFLE, ROCKING CHAIR

1&2 Shuffle forward on R-L-R.

3&4 Shuffle forward on L-R-L.

5 – 8 Rock R forward, recover on L, rock R back, recover on L

2 ½ TURN LEFT, FORWARD SHUFFLE, ½ TURN RIGHT, FORWARD SHUFFLE

1 , 2 Step R forward, ½ turn left step L on place .

3&4 Forward shuffle on R-L-R

5 , 6 Step L forward, ½ turn right step R on place.

7&8 Forward shuffle on L-R-L

3 STEP SIDE, TOUCH BESIDE, TOUCH TO SIDE, TOUCH BESIDE, REVERSE

1 , 2 Step R to right side, touch L beside R.

3 , 4 Touch L to left side (hip bump for styling), touch L beside R.

5 , 6 Step L to left side, touch R beside L.

7 , 8 Touch R to right side (hip bump for styling), touch R beside L.

4 CROSS OVER, STEP BACK, ¼ TURN RIGHT STEP FORWARD, STEP FORWARD, ROCK FORWARD, RECOVER, ROCK FORWARD, RECOVER.

1 , 2 Cross R over L, step back on L.

3 , 4 ¼ turn right forward on R, step forward on L

5 – 8 Rock R forward, recover on L, repeat.

START AGAIN