

## One Hell Of A Ball

32 Count, 4 Wall, Beginner

Choreographer: Ivonne Verhagen (NL) Dec 2014

Choreographed to: One Hell Of A Ball by Simon Burridge

---

### Dance starts on vocals

#### **KICK FORWARD, KICK SIDE, TRIPLE STEP, KICK FORWARD, KICK SIDE, TRIPLE STEP**

- 1,2 RF kick forward, RF kick side,  
3&4 RF step in place, LF step in place, RF step in place  
5,6 LF kick forward, LF kick side,  
7&8 LF step in place, RF step in place, LF step in place

#### **KICK BALL CHANGE, KICK BALL CHANGE, ROCK STEP, STEP IN PLACE, STEP IN PLACE**

- 1&2 RF kick forward, RF step RF in place, LF step in place  
3&4 RF kick forward, RF step RF in place, LF step in place  
5-6 RF rock forward, LF weight back on LF  
7-8 RF step in place, LF step in place

#### **SIDE ROCK STEP, TRIPLE IN PLACE, SIDE ROCK STEP, TRIPLE IN PLACE**

- 1-2 RF rock side, weight back on LF  
3&4 RF step in place, LF step in place, RF step in place  
5-6 LF rock side, weight back on RF  
7&8 LF step in place, RF step in place, LF step in place

#### **PADDLE 1/8, PADDLE 1/8, JAZZ BOX**

- 1-2 RF step forward, 1/8 turn left  
3-4 RF step forward, 1/8 turn left  
5-6 RF cross over LF, LF step back  
7-8 RF step side, LF step close to RF

**Have fun!!**