

Bird On A Wing 32 count, 4 wall, beginner/intermediate level

Choreographer: Paul Clifton (England) Apr 02

Choreographed to: Let Your Love Flow by the

Bellamy Brothers

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Sect 1 Side step, rock fwd, recover & cross side rock, recover sailor 1/4 turn 1–2-3 Step right to right side, rock fwd on left, recover weight back onto right. &4 Step slightly back on left, cross step right over left. 5-6 Rock left to left side, recover weight back onto right. Step left behind right, & step right to right side, turning 1/4 turn left, step forward left. 7&8 Sect 2 Rock recover, shuffle 1/2 turn, full turn fwd, left lock step. Rock fwd on right, recover weight back onto left. 1-2 Shuffle 1/2 turn right stepping right, left, right. 3&4 5-6 Make a full turn right travelling fwd stepping left, right. 7&8 Step fwd on left, & lock right behind left, step fwd on left Sect 3 Rock recover triple full turn, heel swithches 1/2 turn right 1–2 Rock fwd on right, recover weight back onto left. 3&4 Triple full turn right (on the spot) stepping right, left, right. 5&6 Touch left heel fwd, & step left next to right, touch right heel fwd, &7& & step right next to left, touch left heel fwd, & step left next to right 8& Touch right heel fwd, & step right next to left. Note: 5 & 6 & 7 & 8 & should be slowly turning right on the spot completing ¹/₂ turn Sect 4 Dorothy left & right step left, behind, heel jack & cross 1-2& Step left diagonally fwd, lock right behind left, & step left diagonally fwd. 3–4& Step right diagonally fwd, lock left behind right, & step right diagonally fwd 5-6& Step left to left side, cross right behind left, & step slightly back on left. 7&8 Touch right heel diagonally fwd, & step back on right, cross step right over left.

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