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E-mail: admin@linedancermagazine.com

Your Women

16 Count, 4 Wall, Beginner, NC2S

Choreographer: Jo Kinser (UK) & John Kinser (US) April 2014

Choreographed to: Only A Woman by Enrique Iglesias

CD: Sex and Love (66bpm)

Start the dance 16 counts in on the vocals (0:14)

1-8 Side, Back Rock, Fwd, Step 1/4 Turn, Cross, Hinge 1/2 Turn Cross, Hinge 1/2 Turn Fwd

1,2& Step Lt a large step to the Lt, Rock Rt behind Lt, Step Lt in place

3 Step Rt fwd

4&5 Step Lt fwd, Make 1/4 turn Rt stepping Rt to Rt (3:00), Step Lt across Rt

6&7 Make 1/4 turn Lt stepping Rt back (12:00), Make 1/4 turn Lt stepping Lt to Lt (9:00), Step Rt across Lt

8&1 Make 1/4 turn Rt stepping Lt Back (12:00), Make 1/4 turn Rt stepping Rt to Rt (3:00), Step Lt fwd

9-16 Rock Step Sweep, Sweep, Sweep-Behind & Cross, Rock, 1/4 Turn, Fwd, Step 1/4 Turn

2&3 Rock Rt fwd, Recover weight Lt & Sweep Rt from front to back stepping Rt behind Lt

4 Sweep Lt from front to back stepping Lt behind Rt

5&6 Sweep Rt from front to back stepping Rt behind Lt, Step Lt to Lt, Step Rt across Lt

7&8 Rock Lt to Lt, Make 1/4 turn Rt stepping Rt fwd (6:00), Step Lt fwd

& Make 1/4 turn Rt stepping Rt across Lt (9:00) and begin the dance again stepping Lt to Lt for count 1.

Music download available from iTunes

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768^{charged at 10p per minute}