Willie Mae Buford Loves Elvis

BEGINNER

40 Count 2 Walls
Choreographed by: Ronda C Mitchell
Choreographed to: Blue Suede Shoes by Elvis Presley

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STEP LEFT, RIGHT KNEE IN, BACK RIGHT AND 1/4 TURN LEFT:

1 - 4 Step left with left foot, twist right knee in toward body - with right foot up on ball of foot. Step back on right foot - turning 1/4 turn left touch left heel forward. (should be facing 1/4 turn left from where you started).

STEP FORWARD LEFT, SCUFF, HITCH AND 1/4 TURN:

5 - 8 Step forward on left foot, scuff right foot forward, hitch left knee - turning 1/4 turn left step down on right foot. (allow the momentum from scuffing right foot forward to turn you the 1/4 turn left). (you can step down on right anywhere between count 8 & the next 1)

ELVIS LEG WIGGLE:

9 - 12 With weight still on right foot & left leg out on an angle, tap left heel on floor until the count of 4. (this move is supposed to simulate Elvis' famous leg wiggle).

LEFT GRAPEVINE:

13 - 16 Step left with left foot. Step behind left with right foot. Step left with left foot again. *touch* right toe home (or next to left foot). (this grapevine can be replaced with full spin, traveling funky chicken, or any moving 4 - count combo).

SLOWLY TURNING 1/4 TURN LEFT:

17 - 20 Step back on right foot, touch left heel forward. Step forward on left foot, touch right toe home.

FINISH THE 1/4 TURN:

21 - 24 Step back on right foot, touch left heel forward, step forward on left foot, touch right toe home. (you should end up 1/4 turn left from where you started move #4 above).

RIGHT GRAPEVINE WITH 1/4 TURN RIGHT:

25 - 28 Step right with right foot, step behind right with left foot, turning 1/4 turn right step forward with right foot, hitch (or chug) with left knee.

FORWARD LEFT, HITCH, FORWARD RIGHT AND ROCK:

29 - 32 Step forward on left foot, hitch (or chug) right knee, step forward on right foot & rock weight onto right foot, step back on left foot

QUICKLY TURNING 1/2 TURN RIGHT:

33 - 36 Step forward on right foot, take a small hop forward - with both feet slightly apart & clap, *bounce* right knee in toward body, *bounce* left knee in toward body.

ELVIS BOUNCING KNEE TWISTS:

Bounce right knee in toward body - twice, step forward with right foot, touch home with left. (these *bouncing knees* are to simulate Elvis' famous twist).

REPEAT