



**STEPPIN'OFF** 

Approved by:

THEPage

## Mode Whole Lotta History

2 WALL - 32 COUNTS - INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Dorothy Steps and 1/4 Turns (Creating Diamond Pattern)		
Note:-	Sec.1 is all danced to the diagonals (diamond pattern), start & finish 12:00		
1 - 2 &	Step left to left diagonal. Lock right behind left. Step left to left diagonal.	Left Lock Left	Forward
3 - 4 &	Turn 1/4 left and step right back. Step left back. Step right beside left.	Turn Back Together	Turning left
5	Turn 1/4 left and step left to left diagonal.	Turn	
6 &	Lock right behind left. Step left to left diagonal.	Lock Left	Forward
7 - 8 &	Turn 1/4 left and step right back. Step left back. Step right beside left.	Turn Back Together	Turning left
Section 2	Sway, Left Sailor, Right Sailor 1/4 Turn Right, 3/4 Turn Right		
1 - 2	(Facing 12:00) Sway left to left side. Recover onto right.	Sway Left	On the spot
3 & 4	Cross left behind right. Step right to right side. Step left to place.	Sailor Step	
5&6	Cross right behind left. Turn 1/4 right and step left to side. Step right to place.	Sailor Turn	Turning right
7 - 8	Turn 1/2 right and step left back. Turn 1/4 right and step right to side.	Turn Turn	
Section 3	Diagonal Rock, Back, Together, 1/4, Step, Pivot 3/4, Side, Behind, Step		
1 - 2	Cross rock left over right on diagonal. Recover onto right.	Forward Rock	Back
& 3	Step left back. Step right beside left (straighten up to 12:00)	Back Together	On the spot
4	Turn 1/4 left stepping left forward. (9:00)	Turn	Turning left
5 - 6	Step right forward. Pivot 3/4 turn left. (12:00)	Step Pivot	
7 - 8 &	Step right to right side. Cross left behind right. Step right forward.	Side Behind Step	Right
Section 4	Step, Pivot 1/2, Forward Rock, Together, Sway, Right Sailor		
1 - 2	Step left forward. Pivot 1/2 turn right. (6:00)	Step Pivot	Turning right
3 - 4 &	Rock left forward. Recover onto right. Step left beside right.	Forward Rock &	On the spot
5 - 6	Sway right to right side. Recover onto left.	Sway Right	· ·
7 & 8	Cross right behind left. Step left to left side. Step right to place.	Sailor Step	

Choreographed by: Andrew, Simon and Sheila (A & S) (UK) June 2006.

Choreographed to: 'Whole Lotta History' by Girls Aloud (134 bpm) from CD Chemistry (32 count vocal intro - start on music).

Choreographers' Note: All steps in section 1 are danced along a diagonal (creating a diamond pattern) - start and finish facing 12:00.