

Vital Signs (Human or Dancers)

64 Count, wall, Improver

Choreographer: Audrey Watson (Scotland) Jan 2008 Choreographed to: Are We Human by The Killers

(135 bpm)

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Start dance on vocals

1	KICK, KICK, SAII OR STEP, KICK, KICK, SAII O	D STED

- 1-2 Kick right foot fwd, kick right foot out to right side.
- 3&4 Cross right behind left, step left to left side, step right to right side.
- 5-6 Kick left foot fwd, kick left foot out to left side.
- 7&8 Cross left behind right, step right to right side, step left to left side.

2. CROSS, SIDE, BEHIND, SIDE. CROSS, SIDE, COASTER 1/4 TURN

- 1-2 Cross right over left, step left to left side.
- 3-4 Cross right behind left, step left to left side.
- 5-6 Cross right over left, step left to left side.
- 7&8 Turn ¼ right stepping back on right, step left next right, step fwd on right.

3. STEP KICK, COASTER STEP, STEP LOCK, STEP LOCK STEP.

- 1-2 Step fwd on left, kick right foot fwd.
- 3&4 Step back on right, step left to left side, step fwd on right.
- 5-6 Step fwd on left, lock right behind left.
- 7&8 Step fwd on left, lock right behind left, step fwd on left.

4. ¼ TURN TOG, CHASSE, BACK ROCK, CHASSE.

- 1-2 Turn ¼ left stepping right to right side, close left beside right.
- 3&4 Step right to right side, step left next right, step right to right side.
- 5-6 Rock back on left, recover fwd on right.
- 7&8 Step left to left side, close right next left. Step left to left side.

5. BACK TOUCH, BACK TOUCH, FWD TOUCH, FWD TOUCH.

- 1-2 Step back diagonally right on right foot, touch left next right. (Optional clap)
- 3-4 Step back diagonally left on left foot, touch right next left. (Optional Clap)
- 5-6 Step fwd diagonally right, touch left next right. (Optional Clap)
- 7-8 Step fwd diagonally left on left foot, touch right next left. (Optional clap)

6. 2 – ½ TURN MONTERAY (OR IF YOU DON'T LIKE TURNS: POINT TOES TO SIDE STARTING RIGHT, LEFT, RIGHT, LEFT.

- 1-2 Touch right toe to right side, turn ½ right stepping right next left.
- 3-4 Touch left toe to left side, step left next right.
- 5-6 Touch right toe to right side, turn ½ right stepping right next left.
- 7-8 Touch left toe to left side, step left next right.

7. SIDE TOG. SHUFFLE BACK, SIDE TOG, SHUFFLE FWD.

- 1-2 Step right to right side, close left next right.
- 3&4 Shuffle back on right, left, right.
- 5-6 Step left to left side, close right next left.
- 7&8 Shuffle fwd on left, right, left.

8. FWD ROCK, SIDE ROCK, 2 X PIVOT 1/4.

- 1-2 Rock fwd on right, recover back on left.
- 3-4 Rock right to right side, recover on left.
- 5-6 Step fwd on right, pivot 1/4 left.
- 7-8 Step fwd on right, pivot 1/4 left.