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Upside Down

32 Count, 4 Wall, Int/Adv Choreographer: Sho Botham (UK) Nov 2009 Choreographed to: Upside Down by Paloma Faith, CD: Do You Want The Truth Or Something Beautiful?

1 2& 3 4& 5 6 7&8	Step R to R, rock replace step forward 1/4 turn L, step forward R, pivot half turn L And syncopated jazz box Long step R to R, drawing L towards R Rock L behind R, replace R in place Step forward L turning 1/4 turn to L Step forward R, pivot half turn L Step forward R Step L across front of R Step back R turning 1/4 L, step L to L, step R across front of L
1,2 3 4& 5&6&7&8&	Charleston kicks and exaggerated paddle turn to L (1 full turn) Step forward L facing diagonal L, kick R leg forward Step back R Rock back L, replace R Step L to start turn to L, Lift R foot towards L knee then 3 exaggerated paddle actions turning L (lifting R foot towards L knee on each & count). You can use shoulder and hand actions to accent footwork.
1&2&3&4& 5 – 8	Hip bumps with twisting action x4, prissy walks forward x4 Step onto R with twisting hip bump (L foot placed on ball of foot a comfortable distance apart towards L). Twisting hip bump action L (L foot stays on ball and swivels with hip bumps – heel towards same side as hip bump Arms – Use arms/hands to accent hip actions 4 prissy walks forward LRLR with arms high and optional finger clicks or wrist shakes
1&2 3&4 5&6 7,8	Locking steps travelling back (locking front) X 2, coaster step L, walks RL to turn 1/4 L Step L diagonally back L to L, lock R in front of L, step diagonally back L to L Step L diagonally back L to L, lock R in front of L, step diagonally back L to L Coaster step LRL Walk forward RL turning 1/4 to L
Option -	On 3rd wall you have the option in Section 3 of dancing the prissy walks as 2 slow and 4 quick instead of the usual 4 slow and in Section 4 you can dance 4 quick walks instead
	of the 2 slow to reflect the music at these points. Dancing these changes does not alter the total number of counts in these sections.

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Arms & style: plenty of arm and hand action in this dance will add to the fun, look and challenge