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## Train In Motion

BEGINNER
32 Count
Choreographed by: Kathy K
Choreographed to: Wabash Cannonball by Grovegrass

|  | STEP-DRAG, STEP-DRAG, SCOOT BACK, STEP OUT LEFT, STEP OUT RIGHT |
| :---: | :---: |
| 1-2 | Step forward at a 45 degree angle to the right on right foot, drag left foot in and clap |
| 3-4 | Step forward at a 45 degree angle to the left on left foot, drag right foot in and clap |
| 5 \& 6 \& | Scoot back on right foot, scoot back on left foot, step down on right foot |
| 7-8 | Step out to the left on left foot, step out to the right on right foot |
|  | CROSS-POINT, CROSS-POINT, CROSS-UNWIND, TAP-TAP-FLICK |
| 9-10 | Cross left foot over the right, point right toe out to right side |
| 11-12 | Cross right foot over the left, point left toe out to left side |
| 13-14 | Cross left foot over the right, unwind 1/2 turn to the right (weight remains on left) |
| 15 \& 16 | Tap right toe front, right side, \& flick behind left leg |
|  | STEP $1 / 4$ TURN RIGHT, SLIDE LEFT FOOT BEHIND, SHUFFLE FORWARD, ROCK FORWARD \& BACK |
| 17-18 | Step onto right foot, making $1 / 4$ turn to the right, slide left foot behind right leg |
| 19 \& 20 | Shuffle forward (right-left-right) |
| 21 \& 22 \& | Rock forward on left, in place on right, rock back on left, in place on right |
| 23 \& 24 | Step forward onto left foot, scuff and hitch right foot |
|  | SHUFFLE RIGHT, SHUFFLE LEFT, $1 / 2$ MONTEREY TURN WITH MAMBO STEP |
| 25 \& 26 | Shuffle to the right (right-left-right) |
| 27 \& 28 | Shuffle to the left (left-right-left) |
| 29-30 | Touch right toe to the right, making $1 / 2$ turn right (changing weight to the right foot) |
| 31 \& 32 | Rock out to the left, step in place on right foot, step together with left foot |
|  | REPEAT |
|  | TAG |
|  | /Tag is done only once, after 4 complete patterns of dance (when facing original wall again) |
| 1 | Step forward on right foot at 45 degree angle to right |
| 2-3\& 4 | Swivel left (heel) (toe) (heel \& toe) towards right foot (weight remains on right foot) |
| 5 | Step forward on left foot at 45 degree angle to left |
| 6-7 \& 8 | Swivel right (heel) (toe) (heel \& toe) towards left foot (weight remains on left foot) |
| 9-10 | Lean forward on right toe, pivot $1 / 2$ turn to the left |
| 11 \& 12 | Shuffle forward (right-left-right) |
| 13 \& 14 \& | Rock forward on left, in place on right rock back on left, in place on right |
| 15 \& 16 | Step forward onto left foot, scuff and hitch right foot |
|  | /There is a break in the music when the verse is "She's so tall \& freaky, Hair all across her back, I'm so excited, Wild lions couldn't hold me back" |

/At that point, the music ends. Count 2-3-4 and start the dance again from the beginning

