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Train In Motion

BEGINNER

32 Count

Choreographed by: Kathy K Choreographed to: Wabash Cannonball by Grovegrass

STEP-DRAG, STEP-DRAG, SCOOT BACK, STEP OUT LEFT, STEP OUT RIGHT Step forward at a 45 degree angle to the right on right foot, drag left foot in and clap 1 - 2 Step forward at a 45 degree angle to the left on left foot, drag right foot in and clap 3 - 4 5 & 6 & Scoot back on right foot, scoot back on left foot, step down on right foot 7 - 8 Step out to the left on left foot, step out to the right on right foot CROSS-POINT, CROSS-POINT, CROSS-UNWIND, TAP-TAP-FLICK 9 - 10 Cross left foot over the right, point right toe out to right side 11 - 12 Cross right foot over the left, point left toe out to left side Cross left foot over the right, unwind 1/2 turn to the right (weight remains on left) 13 - 14 15 & 16 Tap right toe front, right side, & flick behind left leg STEP 1/4 TURN RIGHT, SLIDE LEFT FOOT BEHIND, SHUFFLE FORWARD, ROCK FORWARD & **BACK** 17 - 18 Step onto right foot, making 1/4 turn to the right, slide left foot behind right leg 19 & 20 Shuffle forward (right-left-right) Rock forward on left, in place on right, rock back on left, in place on right 21 & 22 & 23 & 24 Step forward onto left foot, scuff and hitch right foot SHUFFLE RIGHT, SHUFFLE LEFT, 1/2 MONTEREY TURN WITH MAMBO STEP 25 & 26 Shuffle to the right (right-left-right) Shuffle to the left (left-right-left) 27 & 28 29 - 30 Touch right toe to the right, making 1/2 turn right (changing weight to the right foot) Rock out to the left, step in place on right foot, step together with left foot 31 & 32 REPEAT **TAG** /Tag is done only once, after 4 complete patterns of dance (when facing original wall again) Step forward on right foot at 45 degree angle to right 2 - 3 & 4 Swivel left (heel) (toe) (heel & toe) towards right foot (weight remains on right foot) Step forward on left foot at 45 degree angle to left 5 6-7&8 Swivel right (heel) (toe) (heel & toe) towards left foot (weight remains on left foot) Lean forward on right toe, pivot 1/2 turn to the left 9 - 10 11 & 12 Shuffle forward (right-left-right) 13 & 14 & Rock forward on left, in place on right rock back on left, in place on right 15 & 16 Step forward onto left foot, scuff and hitch right foot /There is a break in the music when the verse is "She's so tall & freaky, Hair all across her back, I'm so excited, Wild lions couldn't hold me back"

/At that point, the music ends. Count 2-3-4 and start the dance again from the beginning