

Tracce Di Amore

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64 Count, 2 Wall, Intermediate/Rumba Choreographer: Gordon Timms (UK) December 2010 Choreographed to: Traces (Of Love) by Gloria Estefan CD: Hold Me, Thrill Me, Kiss Me (105bpm)

Start the dance on the vocals after 32 counts intro! - Rumba Rhythm throughout is QQS

Basic Rumba Walks.... Forward and Backwards (with hips please!) Step left slightly forward crossing over right, recover weight on to right. Step left slightly back behind right foot, Hold for one count. 3 - 45 - 6Step right foot back, Step left foot back slightly behind right. Step right foot back pushing right hip out, Hold for one count. (Faces 12.00) Basic Rumba Walks.... Backwards and Forwards (with hips please!) 1 - 2Step left slightly back crossing behind right, recover weight on to right. 3 - 4Step left slightly forward crossing over right, Hold for one count. Step right forward, Step Left forward. 5 - 6Step right forward next to left, but more to the right side, Hold for one count. (Faces 12.00) Spot Turns and Balance Steps.... 1 - 2Turning a ½ turn left, step forward on the left, Step forward on the right. (9.00) 3 - 4Pivot a ½ turn left, (Keeping weight on the left) Step forward with the right. (3.00) 5 - 6Step forward on the left, Pivot ½ turn right.. (Keeping weight on the right) (9.00) Step forward slightly with the left, Step a long step to the right side. (Keep left toe pointed to the left) (Faces 9.00) Rondé, 1/4 Turn Left, Recover weight, Step forward and Hold, Right Cucaracha and Hold. Turning 1/4 Left,...Sweep (Rondé) Left foot to step next to right, Recover weight on to right. 1 - 23 - 4Step Left forward. Hold for one count. 5 - 6Rock right out to right side, Recover weight on to the left. 7 – 8 Step Right foot next to the Left with weight, Hold for one count. (Faces 6.00) Marking Steps... (Time Steps) 1 - 2Step left behind right, recover weight on the right. 3 - 4Step left to left side, Hold for one count. 5 - 6Step right behind left, recover weight on the left. 7 - 8Step right to right side, Hold for one count. (Faces 6.00) RESTART HERE ON WALL 3 New Yorkers... 1 - 2Turn a 1/4 right on the ball of the right foot, step left forward. (9.00) Recover weight back on the right, turn 1/4 left (6.00) step left to side and Hold. 3 - 45 - 6Turn a 1/4 left on the ball of the left foot, step right forward. (3.00) 7 – 8 Recover weight back on the left, turn 1/4 right (6.00) step right to side and Hold (Faces 6.00) Left and Right Sequence...Basic Rumba Roll Back Step. Turning 1/4 Left, Roll back Left around behind right, recover weight on to Right. 1 - 2Turning 1/4 Right...(face original wall) Step Left to Left side, Hold for one count. 3 - 45 - 6Turning 1/4 Right, Roll back Right around behind Left, recover weight on to Left. 7 – 8 Turning 1/4 Left...(face original wall) Step Right to Right side, Hold for one count. (Faces 6.00) Basic Rumba Balance Steps... Diagonal Back and Forward. 1 - 2Step back on Left at 45° pushing Left hip out, recover weight back on to Right. 3 - 4Step Left slightly forward next to Right, Hold for one count. 5 - 6Step forward on the right at 45° pushing right hip out, recover weight back on to Left 7 - 8Rock weight back on to the right foot, Hold for one count. (Faces 6.00)

bridge...Hip Sways - Left-Right-Left-Right and start the dance again - you should be facing the (6.00) wall!

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The dance will finish on wall (6.00)...you can if you wish just Rondé ½ Left Turn & Step to face front.

On the third rotation dance through to end of Section 5 (40 counts)...add a (4) count