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## **Toughen Up**

BEGINNER 48 Count Choreographed by: Sheila Vee Choreographed to: When The Going Gets Tough by Boyzone

## 4 HIP BUMPS, CROSS STEP, 1/4 RIGHT COASTER

| 1 - 4<br>5 - 6<br>7 & 8                                | <b>/Start with right touched beside left, facing diagonally into left corner</b><br>Hip bumps forward 4 times clicking fingers (one hand) on each beat<br>Cross right over left, step left to left side<br>1/4 turn to right while doing right coaster step   |
|--|---|
| 9 - 10<br>11 - 1<br>& 13<br>& 14<br>& 15<br>& 16       |   |
| 17 - 1<br>&<br>19<br>&<br>20<br>21 - 2<br>23 - 2       | Step back on right toe (small step)<br>Step back left, beside right, feet slightly apart<br>Step back on right toe (small step)<br>Step left back beside right<br>2 Scuff right foot through and step onto it   |
| 25 - 2<br>27<br>& 28<br>&<br>29 - 3<br>31<br>& 32<br>& | Touch right toe to right side<br>Step back on right and cross left in front of right<br>Step right beside left  |
| 33 - 3<br>35<br>36<br>37<br>38<br>39<br>40             | <ul> <li>HEEL, TOE, 1/2 TURN HOOK, TOUCH STEP, STEP TOGETHER</li> <li>Touch right heel forward, touch right toe back</li> <li>1/2 turn over right shoulder</li> <li>Hook right in front of left shin</li> <li>Step forward on right</li> <li>Touch left toe behind right</li> <li>Step back on left</li> <li>Step right beside left</li> </ul>  |
| 41<br>42<br>&<br>43<br>44<br>45<br>46<br>47<br>48      | MOVING LEFT, TOE TOUCHES, KNEE POPS (X3), STEP BEHIND, UNWIND<br>Touch left toe to left side<br>Pop left knee (pointing left knee in towards right taking weight onto it)<br>Moving right across beside left<br>Touch left toe to left side<br>Pop left knee (pointing left knee in towards right taking weight onto it)<br>Touch left toe to left side<br>Pop left knee (pointing left knee in towards right taking weight onto it)<br>Touch left toe to left side<br>Nop left knee (pointing left knee in towards right taking weight onto it)<br>Touch right behind left<br>Unwind 1/2 turn to right |

## REPEAT