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This Is My Life
IMPROVER

64 Count 2 Walls Choreographed by: TeeKay

Choreographed to: This Is The Life by Amy MacDonald

1 1,2 3,4 5,6	Toe strut x2, Rock step, Stomp, Stomp RF touch toe forward, RF step down LF touch toe forward, LF step down RF rock to R side, weight back on LF
7,8	RF stomp next to LF, RF stomp next to LF
2 1,2 3,4 5,6 7,8	Toe strut x2, Rock step, Stomp, Stomp RF touch toe forward, RF step down LF touch toe forward, LF step down RF rock to R side, weight back on LF RF stomp next to LF, RF stomp next to LF
3 1,2,3 4,5,6 7,8	Shuffle, Mambo step, Monterey turn (start) RF step forward, LF close next to RF, RF step forward LF rock to left side, weight back on RF, LF close next to RF RF touch to R side, make 1/4 turn R while closing RF next to LF
4 1,2 3,4 5,6 7,8	Monterey turn (finish), Monterey turn, Touches LF touch to L side, LF close next to RF RF touch to R side, make 1/4 turn R while closing RF next to LF LF touch to L side, LF close next to RF LF touch to L side, LF close next to RF
5 1,2,3 4,5,6 7,8	Shuffle. Mambo cross, Kick, Kick RF step forward, LF close next to RF, RF step forward LF rock to L side, weight back on RF, LF cross over RF RF kick slightly R forward, RF kick slightly R forward
6 1,2,3 4,5 6,7,8	Weave L, Kick, Weave R, Hold & fingersnaps RF cross behind LF, LF step to L side, RF cross over LF LF kick slightly L forward, LF cross behind RF RF step to R side, LF cross over RF, hold and snap fingers
7 1,2 3,4 5,6,7	Pivot, Hold & fingersnaps, Pivot back, Hold & fingersnaps, Coaster step, Brush LF + RF make 1/2 turn R, hold and snap fingers LF + RF turn 1/2 back, hold and snap fingers LF step back, RF step next to LF, LF step forward RF brush forward
8 1,2 3,4 5,6 7,8	Cross toe struts, Jazz box RF touch toe across LF, RF step down LF step on toes to L side, step down on LF RF cross over LF, LF step back RF step to R side, LF step forward