Linedancer

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The One For Me

96 Count, 1 Wall, Beginner
Choreographer: Saundra Richardson (USA) Feb 2013
Choreographed to: The One For Me by Christopher Page And The Dream Keeper's Ensemble

Intro: 32

KICK & KICK & KICK & KICK, JUMP FRONT, HOLD, JUMP FRONT, TOUCH

1&2& Kick right forward, step right together, kick left forward, step left together
3&4 Kick right forward, step right together, kick left forward
&5-6 Step left forward, step right together, hold
&7-8 Step left forward, touch right together, touch right together
9-16 Repeat 1-8

SIDE, FLICK OR TOUCH X4

1-2 Step right side (swing arms up to left at chest level), flick left back (behind right) (swing arms low to right at hip level)
Or touch left behind right calf. Optional finger snap
3-4 Step left side (swing arms up to right at chest level), flick right back (behind left) (swing arms low to left at hip level)
Or touch right behind left calf. Optional finger snap
5-8 Repeat 1-4

SLOW TURN ½ LEFT

1-2 Turn 1/8 left and rock right side, recover to left
3-4 Turn 1/8 left and rock right side, recover to left (9:00)
5-6 Turn 1/8 left and rock right side, recover to left
7-8 Turn 1/8 left and rock right side, recover to left (6:00)

33-64 Repeat 1-32

RIGHT-TOUCH, LEFT-TOUCH, RIGHT-TOUCH, LEFT, TURNING RIGHT SAILOR STEP, TURNING LEFT SAILOR STEP

The next 8 counts are danced a total of 4 times
&1&2 Touch right together, step right side, touch left together, step left side
&3&4 Touch right together, step right side, touch left together, step left side
5&6 Turn 1/8 left and right sailor step
7&8 Left sailor step turning 1/8 left (3:00)

9-32 Repeat 1-8 three more times (12:00)