

**The Funky Shake**

BEGINNER

13 Count 1 Walls

Choreographed by: Connie Bordewick &amp; Sheryl Dedert

Choreographed to: Shake, The by Neal McCoy

**SYNCOATED STEPS FORWARD, HIP SHAKES**

- & 1 Jump slightly forward on right, together on left  
2 - 4 Holding foot positions, shake hips for three counts  
& 5 Jump slightly forward on right, together on left  
6 - 8 Shake hips for three counts, shifting weight to right foot

**HEEL & HEEL & HEEL & SWITCH CROSS OVER**

- & 9 Right heel out, weight on left  
& 10 Left heel out switching weight to right  
& 11 Right heel out switching weight to left  
& 12 Left heel out switching weight to right  
& 13 Switch weight to right foot when right crosses in front of left leg  
14 Step with weight to left foot (which is behind right at this point)  
15 - 16 Step right then left foot (weight ends on left)

**2 ROMPS, SHUFFLE & ROCK STEP**

- & 17 Step back right foot with left heel out (romp)  
& 18 Left home, right toe touch  
& 19 Step back right foot with left heel out (romp)  
& 20 Left home, right toe touch  
21 & 22 Right shuffle  
23 - 24 Rock forward left and back to right foot

**LEFT SHUFFLE, ROCK STEP, JAZZ BOX 1/4 TURN TO LEFT**

- 25 & 26 Left shuffle going backwards  
27 - 28 Rock back on right then back to left  
29 - 32 Crossing right over left turning 1/4 turn to left, finish jazz box (weight on left)

**ROLLING VINES, RIGHT THEN LEFT**

- 33 - 36 Rolling vine to right (4th count is a left touch)  
37 - 40 Rolling vine to left (4th count is a right touch)

**2 RIGHT TOE TWISTS, CLAP, 2 LEFT TOE TWISTS, CLAP**

- 41 & 42 Touch right foot out to side with ball of foot on floor and twist twice  
43 - 44 Step right foot next to left foot (weight to right) clap hands  
45 & 46 Touch left foot out to side with ball of foot on floor and twist twice  
47 - 48 Step left foot next to right foot (weight to left) clap hands

**BOOGIE WALK, RIGHT HALF TURN, THEN QUARTER TURN RIGHT WITH TOUCH**

- 49 & 50 Cross right toe in front of left and go to heel on 50  
51 & 52 Bring left toe to left and weight to left heel on 52  
53 & 54 Take right 1/2 turn to right, hold on 54  
55 & 56 Continue to right with a quarter turn stepping left and touch right for 56

**2 RIGHT HEELS, SWITCH, 2 LEFT HEELS, SWITCH, SINGLE HEELS AND SWITCHES**

- 57 - 58 2 right heel digs  
& 59 - 60 Switch weight to right, extend left heel out to do 2 left heel digs  
& 61 Switch weight to left, right heel out  
& 62 Switch weight to right, left heel out  
& 63 Switch weight to left, right heel out  
& 64 Switch weight to right, left heel out but keep close to right foot

**4 LEFT SHAKES, 4 RIGHT SHAKES**

- 65 - 68 Shake hips to left 4 counts (bringing left heel in home position)  
69 - 72 Shake hips to right 4 counts

**8 COUNT ROLL (SHAKE)**

- 73 - 80 Taking hips starting at right from last shake making 4 circles to the left

## **4 FUNKY SHAKES AND 4 LOW SHAKES**

**/For this 8 counts, weight is evenly distributed on both feet**

- 81 - 84 Shake left, both hands in upper body area for 4 counts  
85 - 88 Shake right, both hands lower area for 4 counts

**/And yes the body cannot stand still during this part, so shaking as little or as much as you desire**

### **RIGHT OUT, LEFT OUT, RIGHT IN FRONT, LEFT OUT AND SAILOR STEP, ROCK STEP**

- & 89 Touch right out to side as weight goes to left foot  
& 90 Touch left out to side as weight goes to right foot  
& 91 Touch right out in front as weight goes to left foot  
& 92 Touch left out to side as weight goes to right foot  
93 & 94 Sailor step (taking left foot behind right, step right then left)  
95 & 96 Shift weight from ball of right foot to left foot with right touch

### **ROLLING VINES, RIGHT THEN BACK LEFT**

- 97 - 100 Rolling vines to right with touch on count 100  
101 - 104 Rolling vine to left with touch on count 104

### **STEP TOUCHES**

- 105 - 106 Step forward right, touch left (45 degree or to 2 o'clock)  
107 - 108 Step back left, touch right (45 degree to back or 7 o'clock)  
109 - 110 Step back right, touch left (45 degree to back or 5 o'clock)  
111 - 112 Step forward, left touch right (45 degree to front at 10 o'clock)

### **VINE RIGHT AND VINE LEFT (THESE ARE NOT ROLLING)**

- 113 - 116 Vine right with a touch on count 116  
117 - 120 Vine left with a touch on count 120

### **2 RIGHT TOE TWISTS, CLAP, 2 LEFT TOE TWISTS, CLAP**

- 121 & 122 Touch right foot out to side with ball of foot on floor and twist twice  
123 - 124 Step right foot next to left foot (weight to right) clap hands  
125 & 126 Touch left foot out to side with ball of foot on floor and twist twice  
127 - 128 Step left foot next to right foot (weight to left) clap hands

### **8 COUNT ROLL (SHAKE)**

- 129 - 136 Taking hips starting at right from last shake making 4 circles to the left

### **REPEAT**